

Large Neutrino Masses in Cosmology:

DARK SECTOR TO THE RESCUE

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22nd May 2025, **KIAS HEP** Seminar

Based on:

JCAP 04 (2025) 054 [Cristina Benso, Thomas Schwetz, **DV**]

arXiv: 2410.23926



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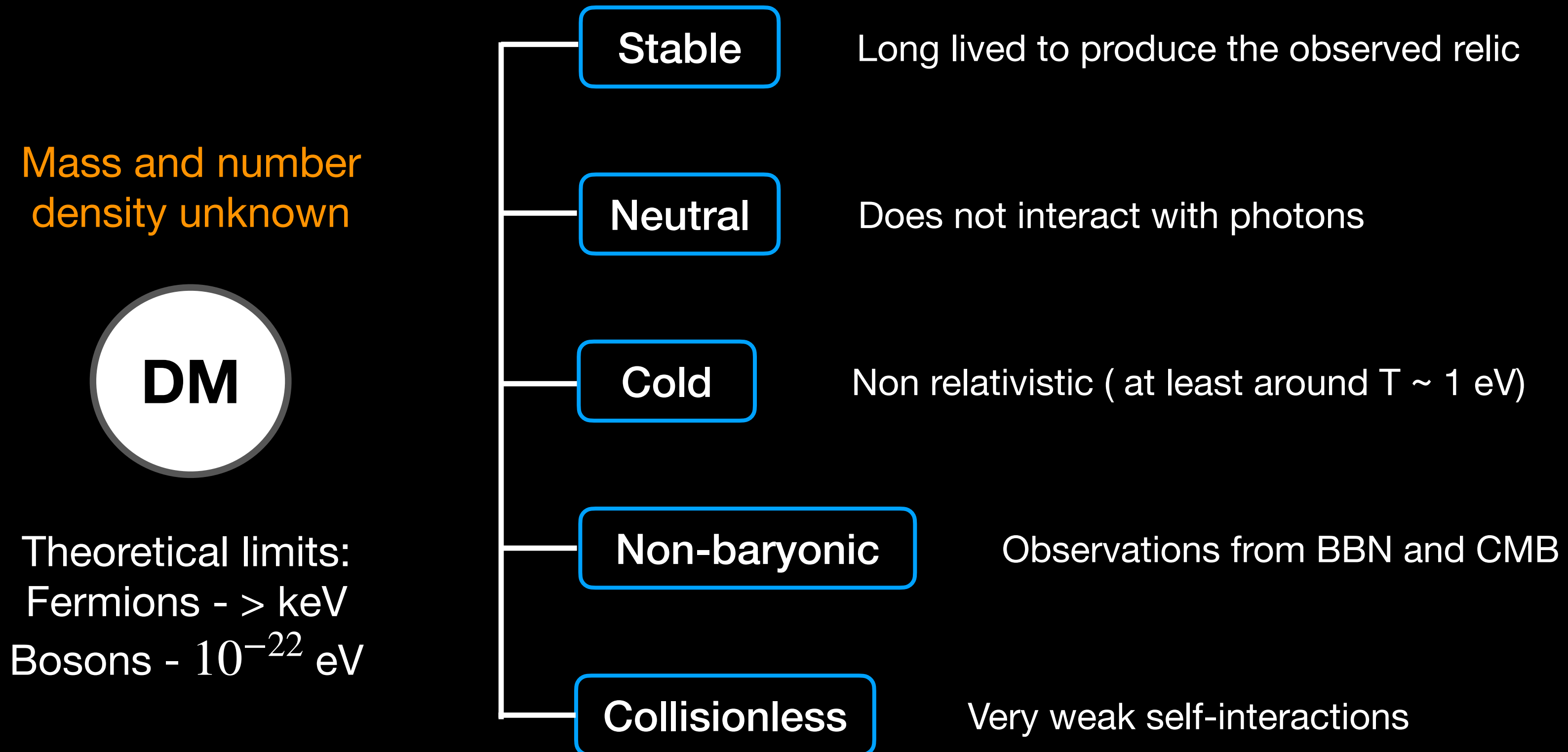


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Dark Matter in our Universe

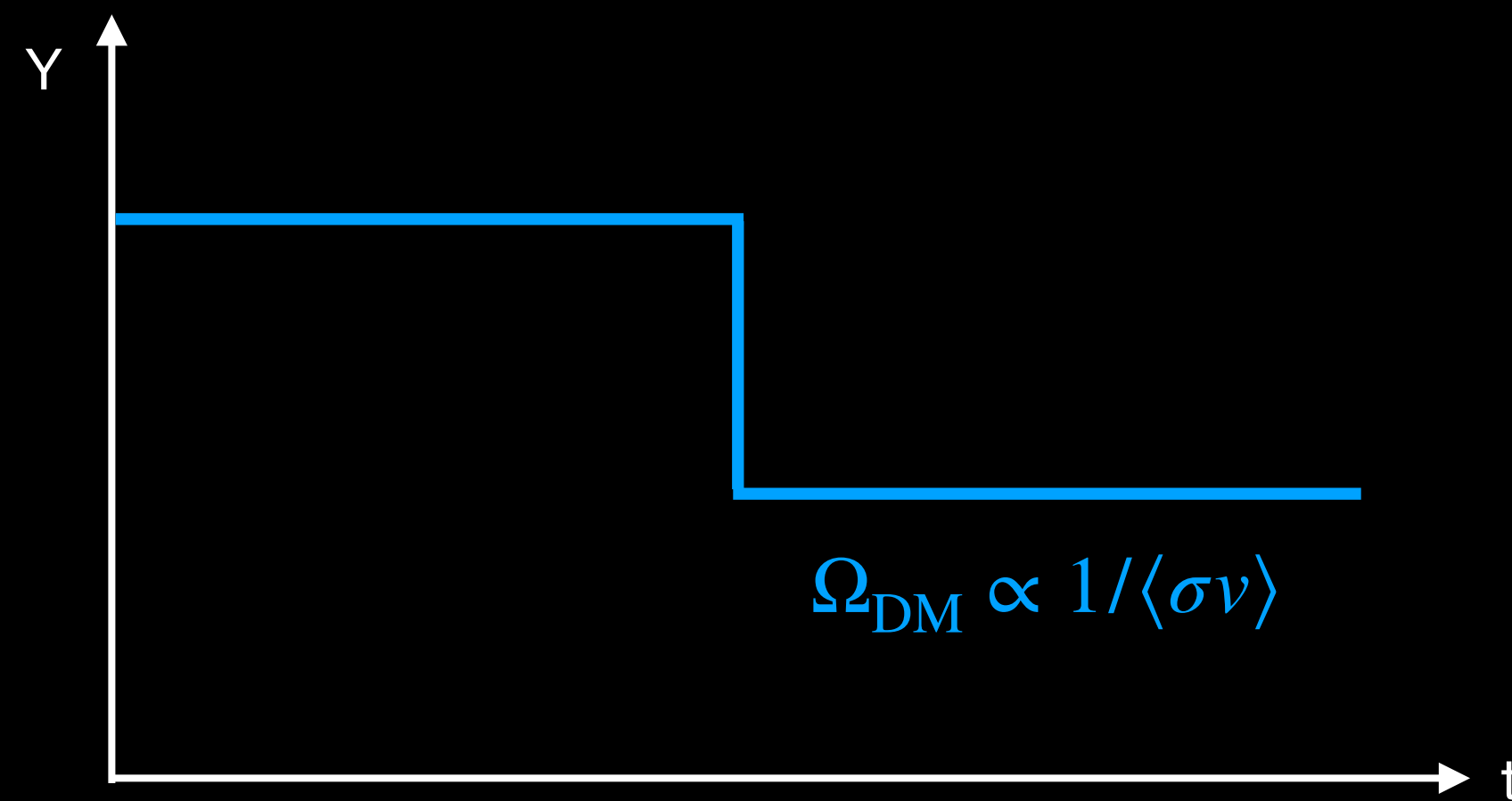
Properties



Dark Matter in our Universe

Thermal relics

Thermal freeze-out of Weakly Interacting Massive Particles

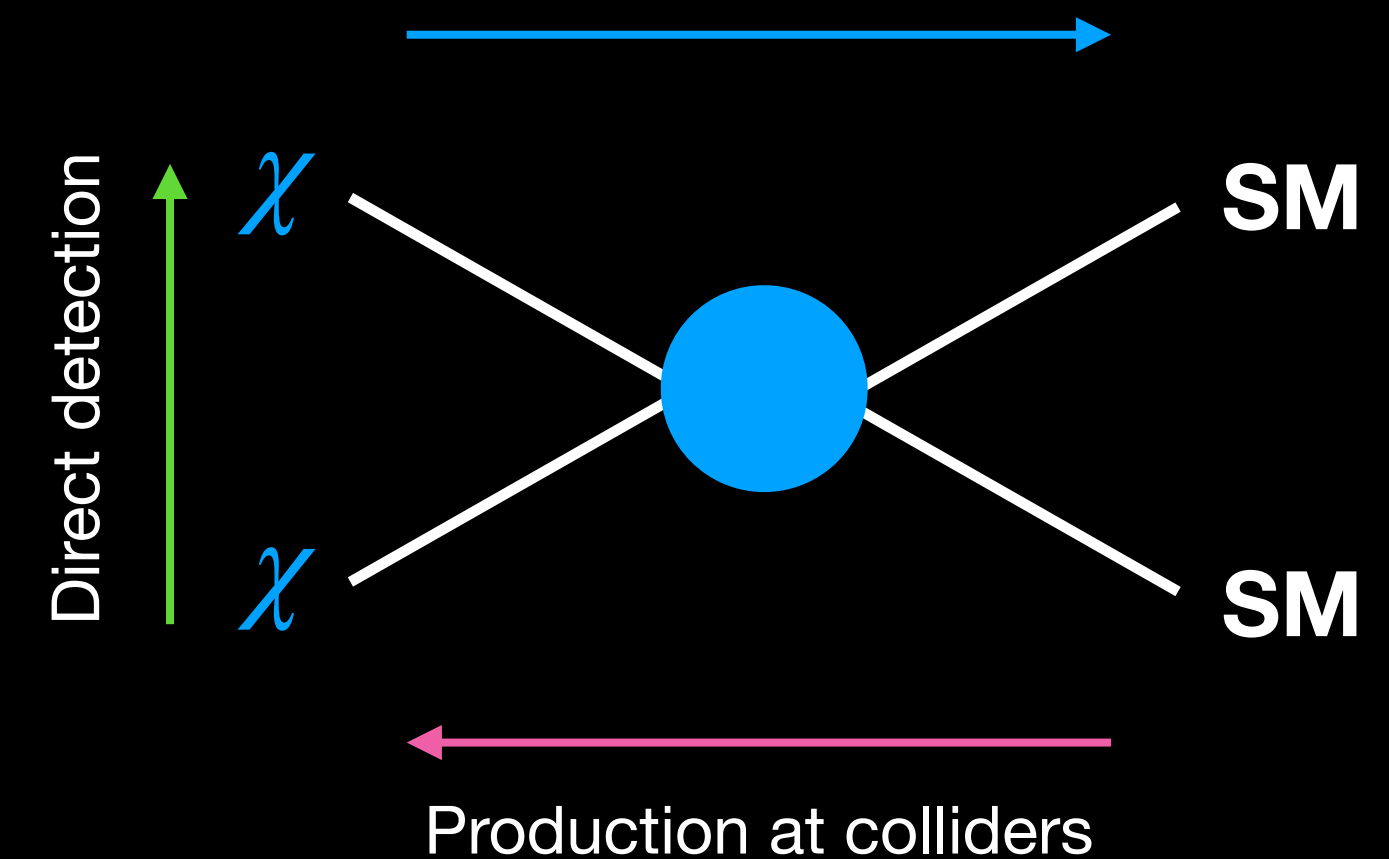


$$\langle\sigma v\rangle \sim 2.2 \cdot 10^{-26} \text{ cm}^3/\text{s}$$

Produces the correct relic abundance

WIMPS

Freeze-out (early universe)
Indirect detection (now)



Dark Sectors?

DM vs. Visible Sector

Particle DM

Only **one** DM state makes up the entire dark sector

$$\text{DM } \chi \quad \mathbf{Z}_2 / U(1)_{\text{dark}}$$

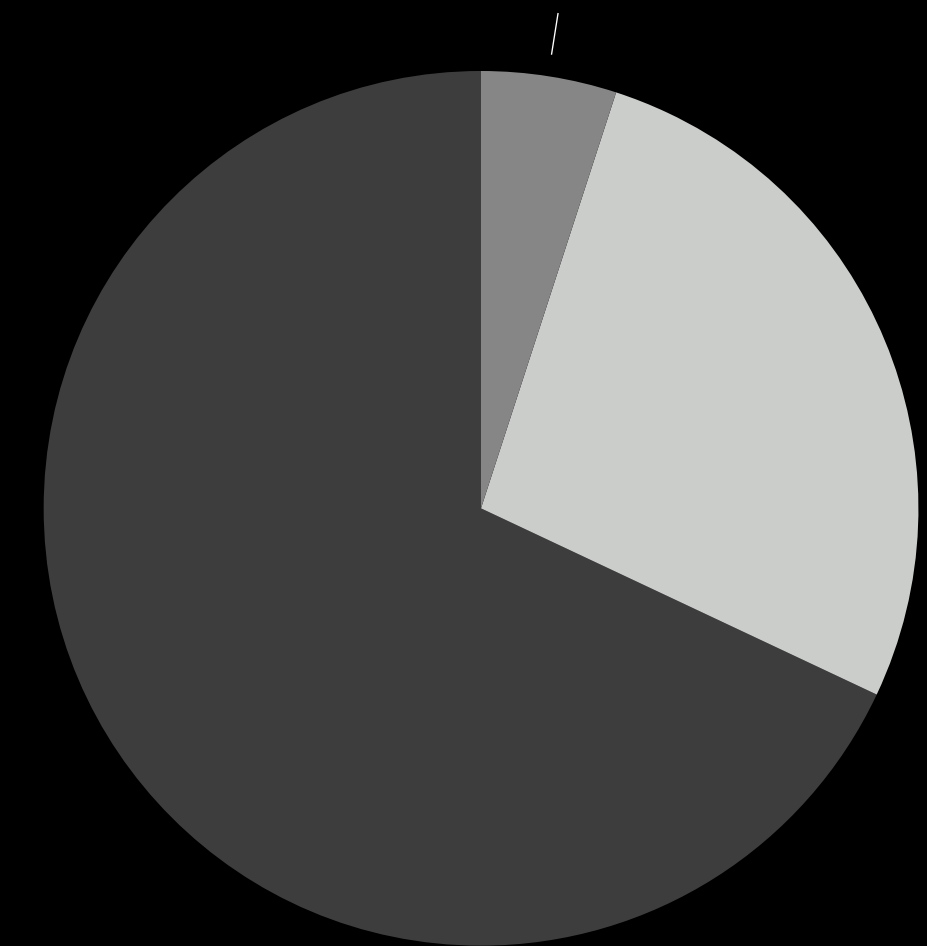
DM states are **symmetric**, abundance set by freeze-out/freeze-in

Visible Sector

Several stable components - stabilising symmetries

Electrons	Electric charge
Protons	Baryon number
Neutrinos	Spin
Photons	Poincare

Abundance set by the **baryon asymmetry** of the universe $\eta_B \sim 10^{-10}$



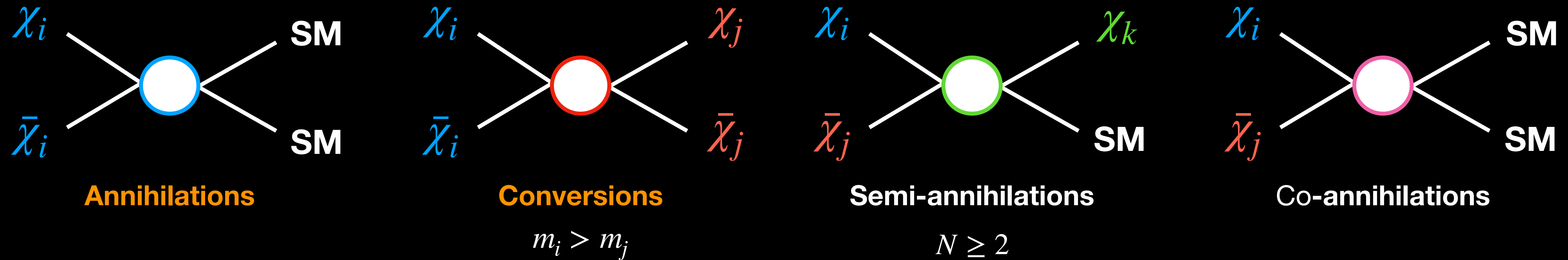
$$\rho_{DM} = 5\rho_B$$

Why should there be just **one** particle on the dark side?

Multi-component Dark Sectors

Generic features

Many degrees of freedom $\rightarrow$ e.g. N -component dark sector, may have the following interactions:



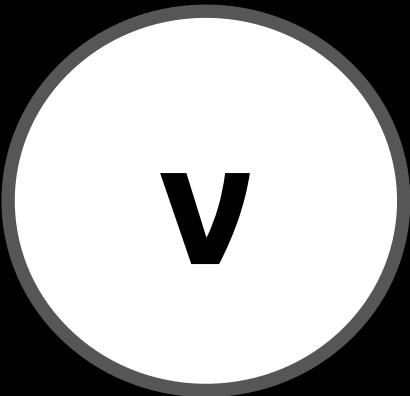
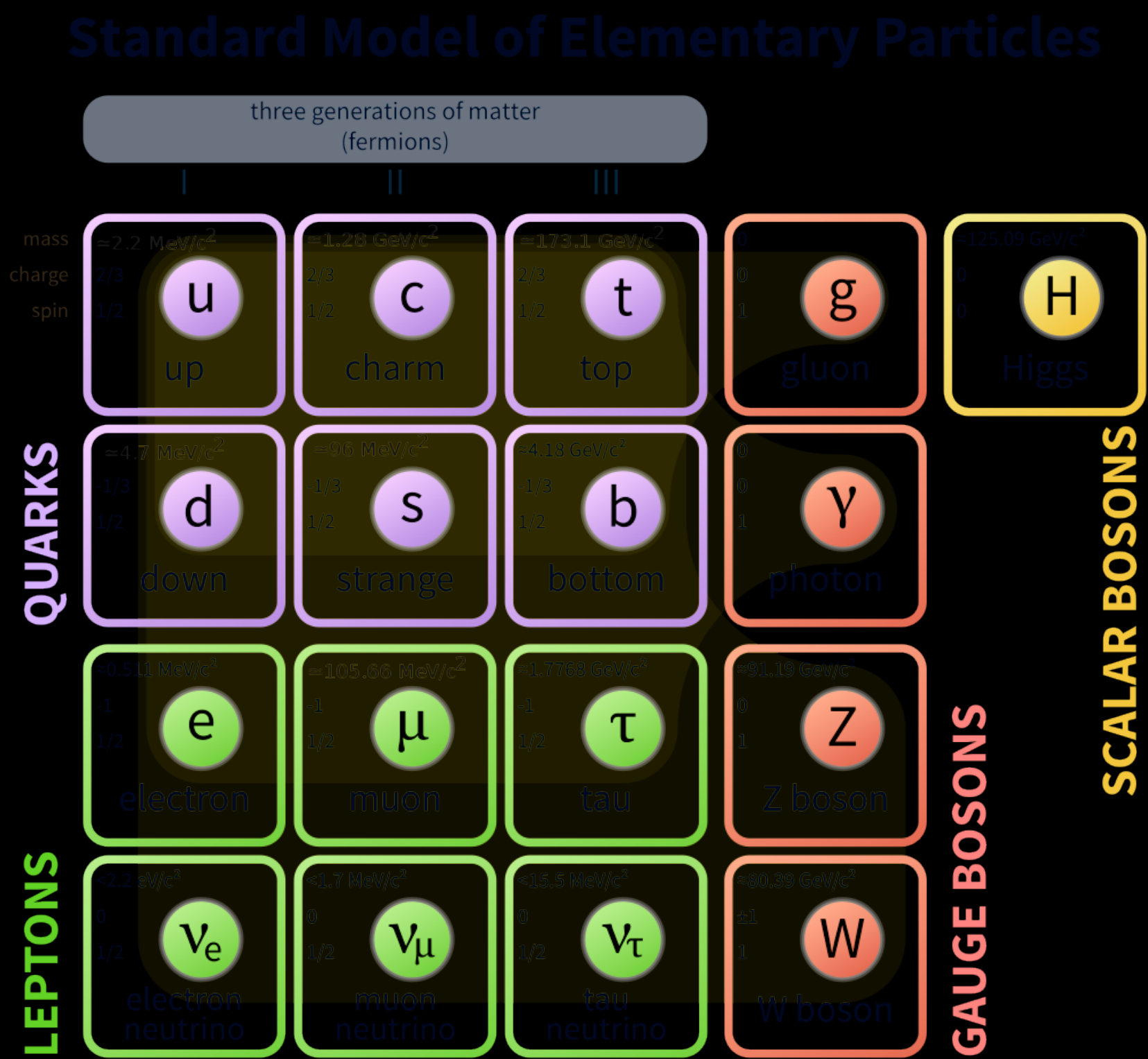
Complex system $\rightarrow$ behaviour characterised by **power laws** and **exponentials**

A. Bas, J. Herrero-Garcia, **DV**
JHEP 10 (2022) 075

Relaxation of existing bounds on direct/indirect detection, collider searches, etc.

Neutrinos

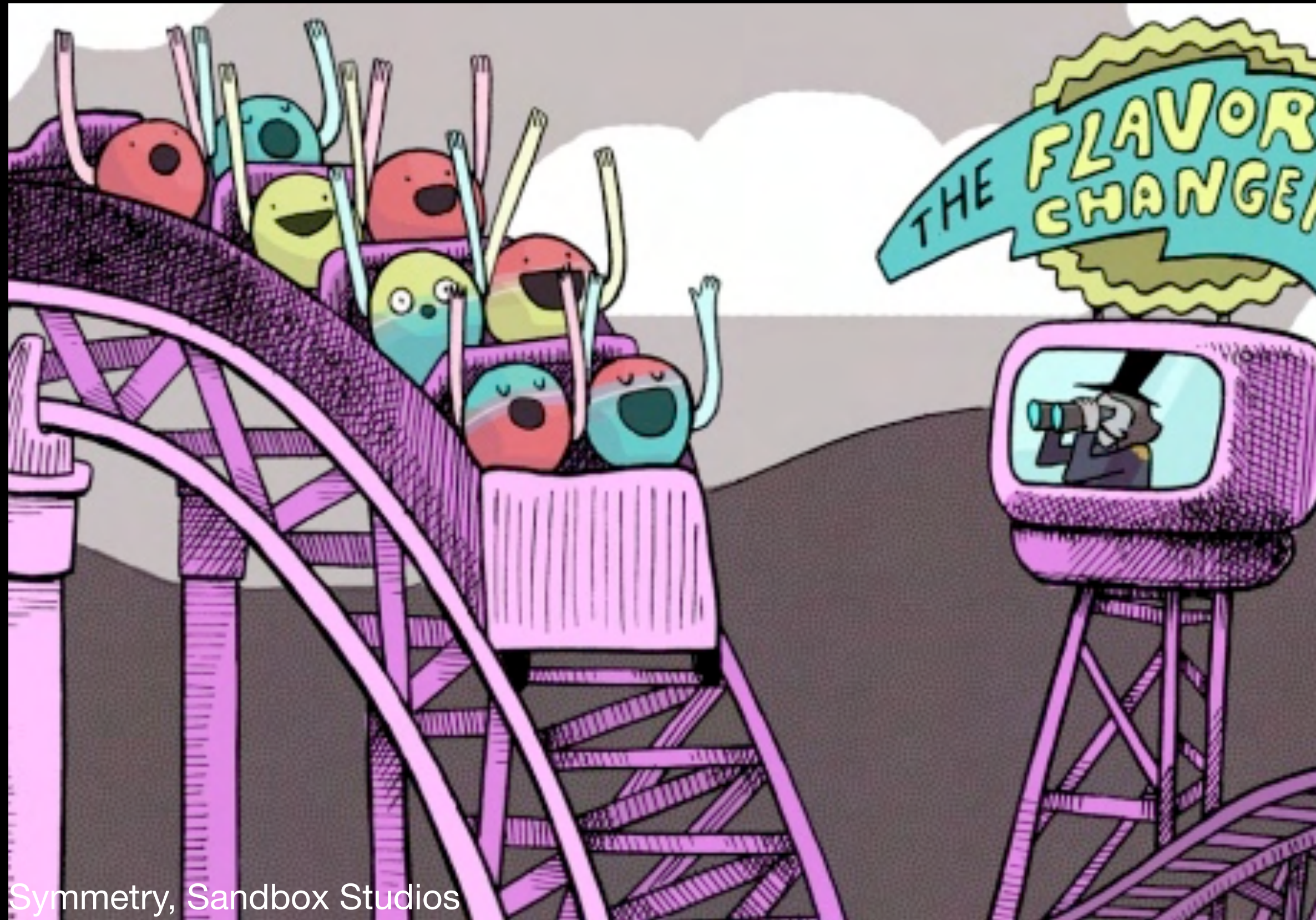
In the SM



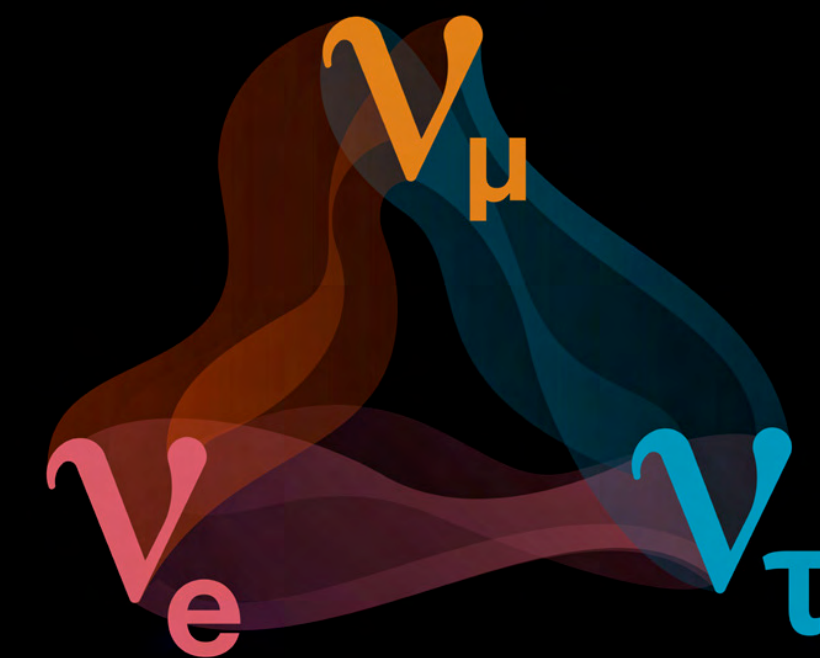
- Right-handed partners missing
- Masses absent
- Electrically neutral
- Interact only via weak interactions
- Very difficult to detect

Neutrinos

Oscillations



Symmetry, Sandbox Studios

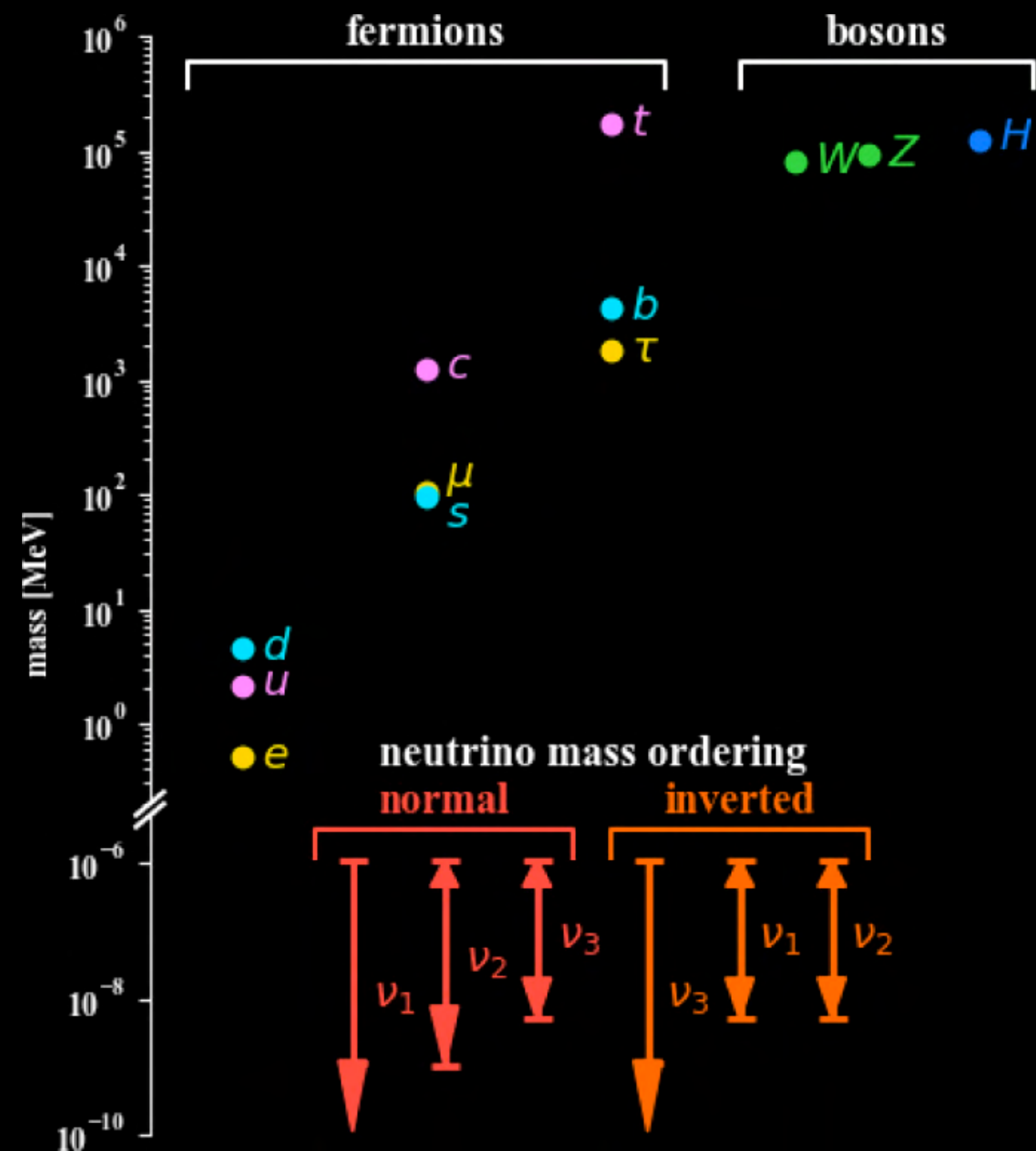


Neutrinos can change their flavour during propagation

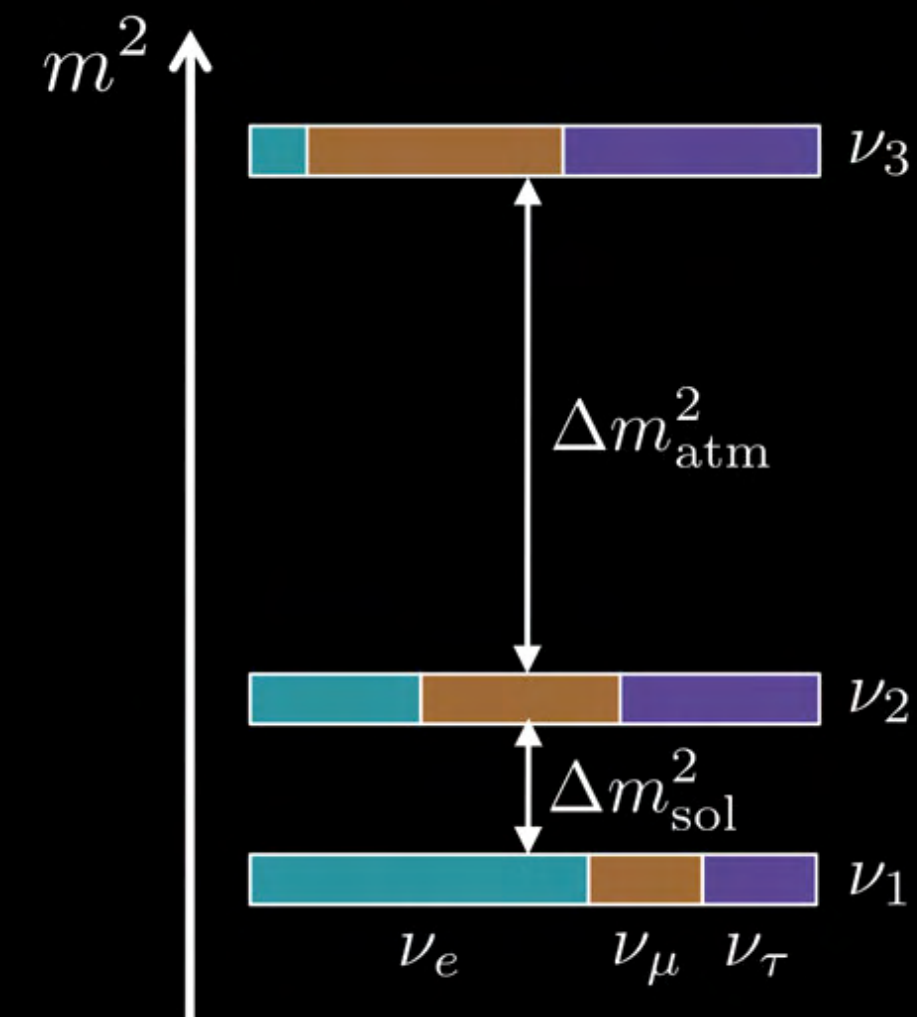
Neutrino Oscillations → Neutrinos have a tiny mass

Neutrinos

Mass spectrum

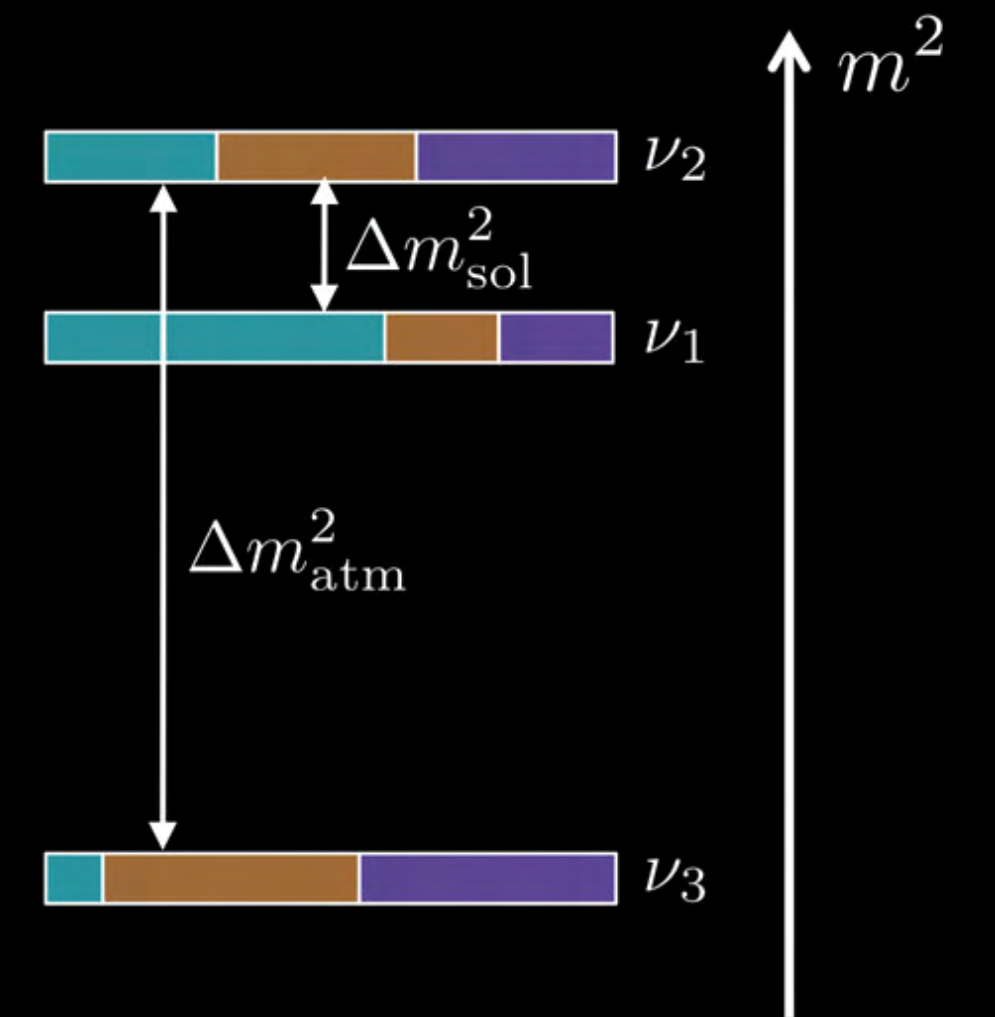


normal hierarchy (NH)



Origin of mass unknown!

inverted hierarchy (IH)



Absolute mass unknown!

Neutrino Masses

Effective Field Theory

Higher-dimensional operators respecting SM gauge symmetries

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + \frac{c}{\Lambda_{\text{NP}}} \mathcal{O}^{d=5} + \frac{c'}{\Lambda_{\text{NP}}^2} \mathcal{O}^{d=6} + \frac{c''}{\Lambda_{\text{NP}}^3} \mathcal{O}^{d=7} + \dots$$

New Physics energy scale



Unique operator at $d = 5$

Weinberg: PRL 43 (1979)

$$\mathcal{L}_5 = \frac{c_5}{\Lambda_{\text{NP}}} LLHH$$

EWSSB
 $\langle H \rangle = v$

$$m_\nu \sim \frac{c_5}{\Lambda_{\text{NP}}} v^2 \gtrsim 0.05 \times 10^{-9} \text{ GeV}$$

174 GeV

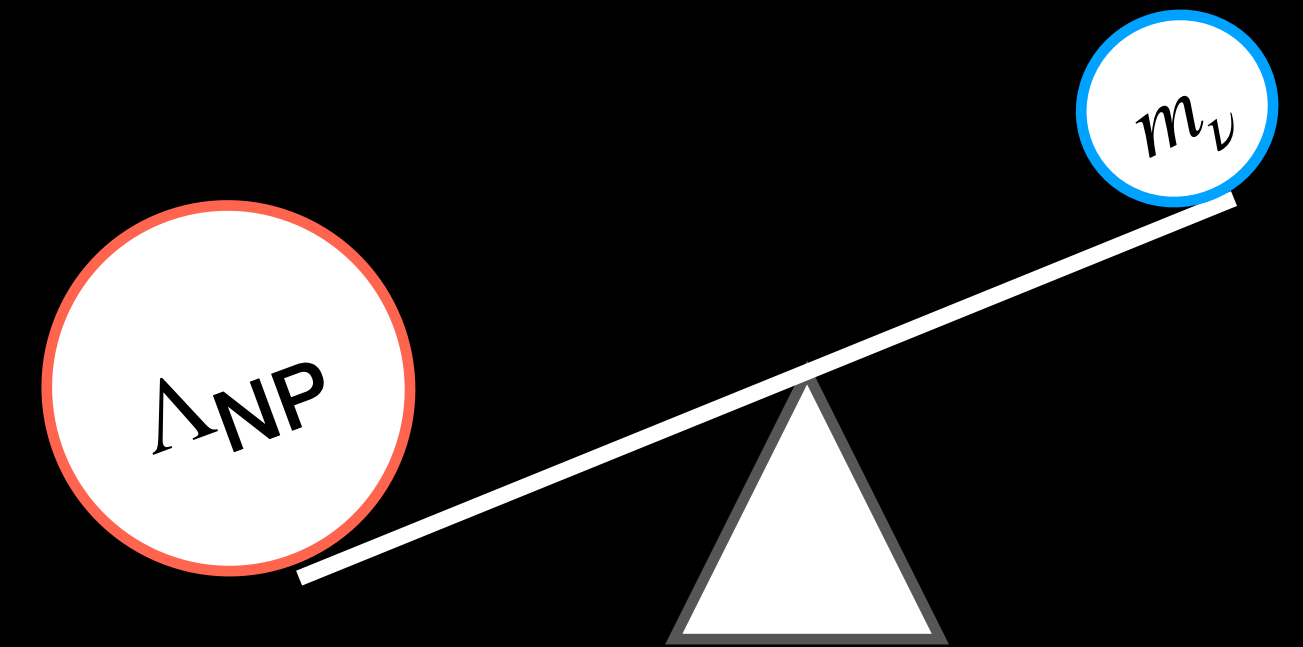
$\lesssim 10^{14} \text{ GeV}$

Close to the GUT scale

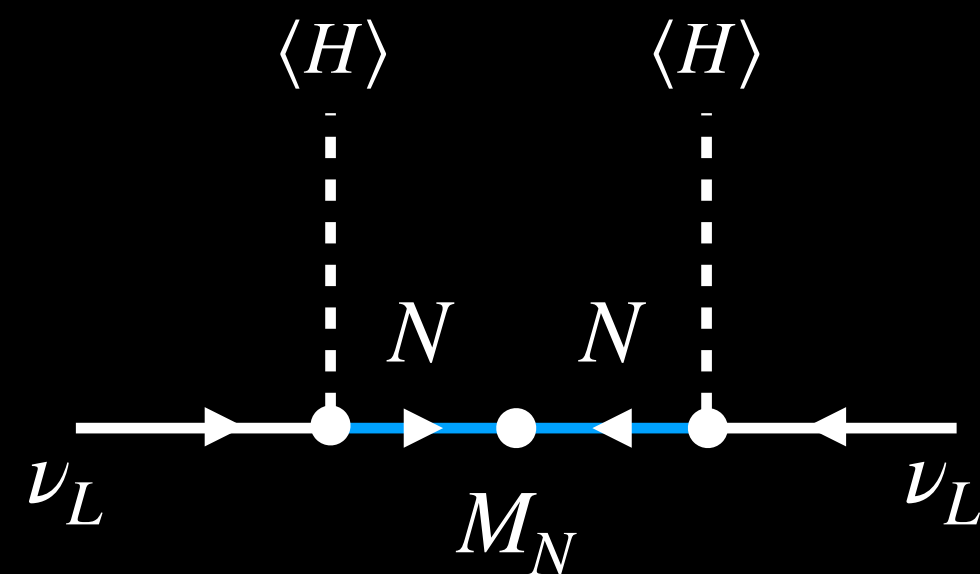
Neutrino Masses

Seesaw mechanism

UV completions of the Weinberg operator at the tree level $\rightarrow$ Usual Seesaws



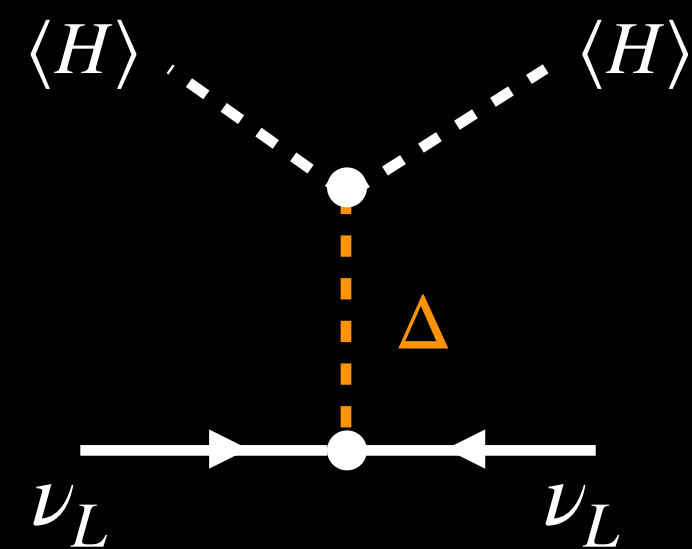
Fermion singlet: N



I

Minkowski (1977); Yanagida (1980); Gell-Mann, Raymond, Slansky (1979), Mohapatra, Senjanovic (1980)

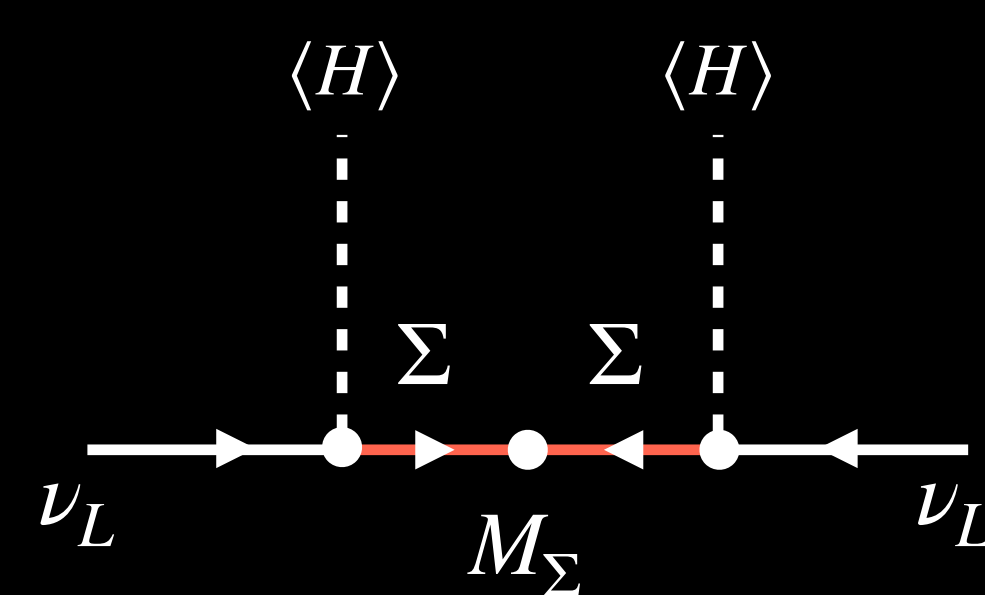
Scalar triplet: Δ



II

Schechter, Valle (1980); Lazarides, Shafi, Wetterich (1981); Mohapatra, Senjanovic (1981)

Fermion triplet: Σ



III

Foot, Lew, He, Joshi (1989)

Neutrino Mass Bounds

Oscillations

$$\sum_{i=1}^3 m_i = \begin{cases} m_0 + \sqrt{\Delta m_{21}^2 + m_0^2} + \sqrt{\Delta m_{31}^2 + m_0^2} & \text{(NO)} \\ m_0 + \sqrt{|\Delta m_{32}^2| + m_0^2} + \sqrt{|\Delta m_{32}^2| - \Delta m_{21}^2 + m_0^2} & \text{(IO)} \end{cases}$$

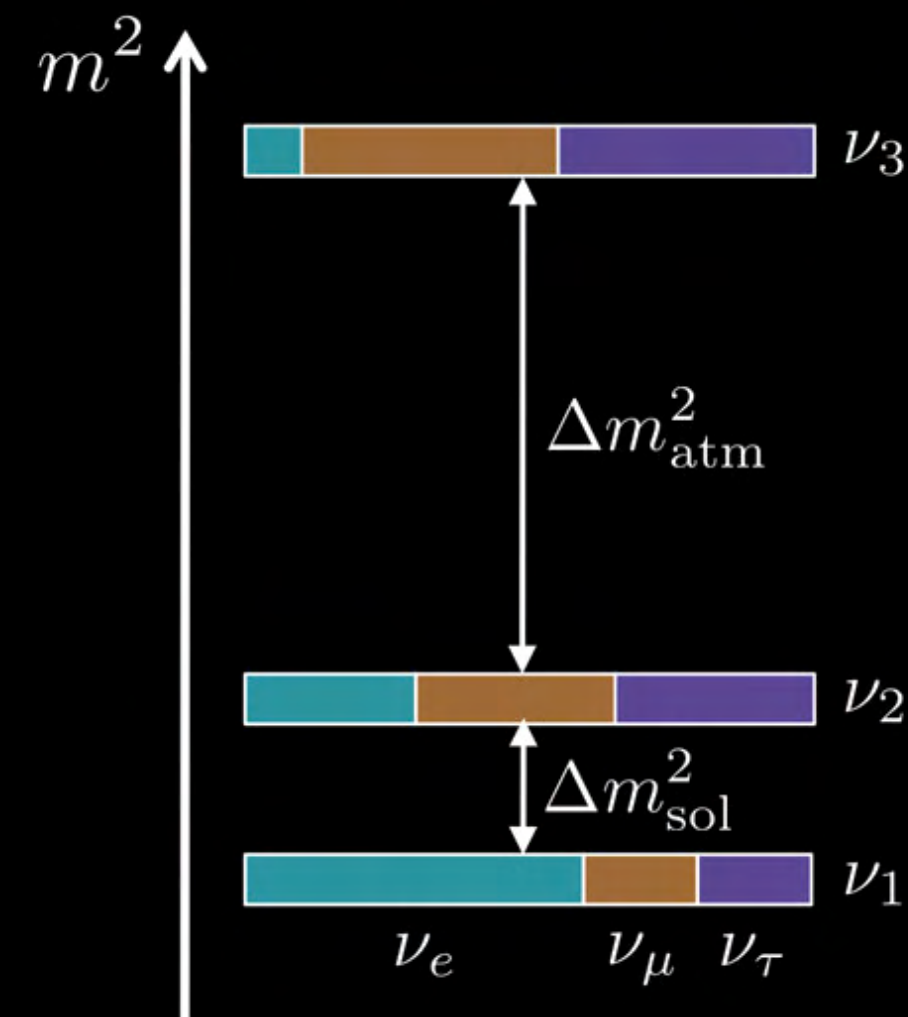
$$m_0 \rightarrow 0$$

NuFit Collaboration

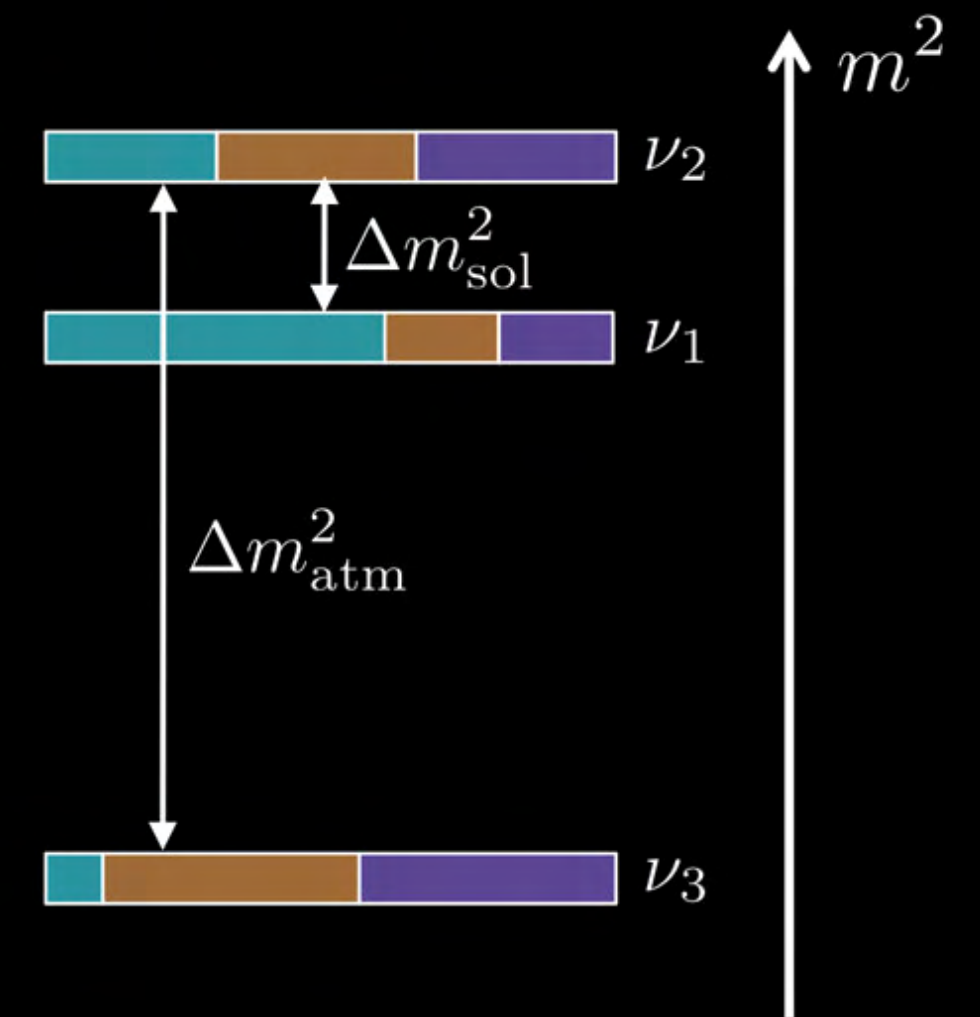
$$\sum m_\nu > \begin{cases} 0.058 \text{ eV} & \text{Normal ordering} \\ 0.098 \text{ eV} & \text{Inverted ordering} \end{cases}$$

95% CL

normal hierarchy (NH)



inverted hierarchy (IH)



Neutrino Mass Bounds

Terrestrial Experiments

Experiments looking for absolute neutrino mass scale and $0\nu\beta\beta$



KATRIN Experiment

$$\sum m_\nu \lesssim 1.35 \text{ eV}$$



KamLAND-ZEN Experiment

$$m_{\text{lightest}} < 0.084 - 0.353 \text{ eV}$$

Neutrinos

In cosmology

$$n_\nu = \frac{g}{(2\pi)^3} \int d^3p f_\nu(E, T_\nu)$$

$$T \gg \text{MeV}$$

Weak interactions and ν 's in equilibrium

$$n + \nu_e \leftrightarrow p + e^-$$

$$f_\nu(E, T_\nu) = \frac{1}{1 + \exp[(E - \mu)/T_\nu]}$$

Fermi-Dirac distribution

$$\rho_\nu = \frac{g}{(2\pi)^3} \int d^3p E f_\nu(E, T_\nu)$$

$$T \sim \text{MeV}$$

Weak interactions drop out: $\Gamma \sim G_F^2 T^5 < H$

ν 's decouple while relativistic at $T \simeq 2 \text{ MeV}$

$$f_\nu(E, T_\nu) = \frac{1}{1 + \exp[p/T_\nu]}$$

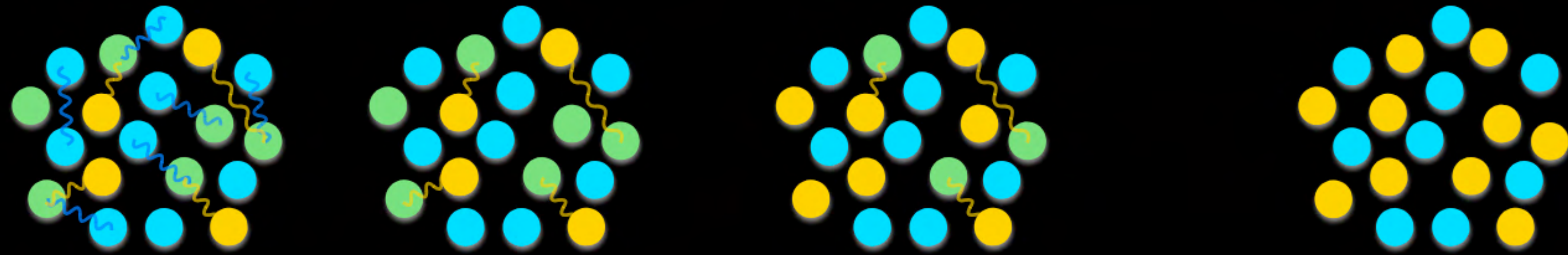
Well-approximated

$$\sum_i \rho_{\nu,i} \equiv N_{\text{eff}} \rho_{\nu,0}$$

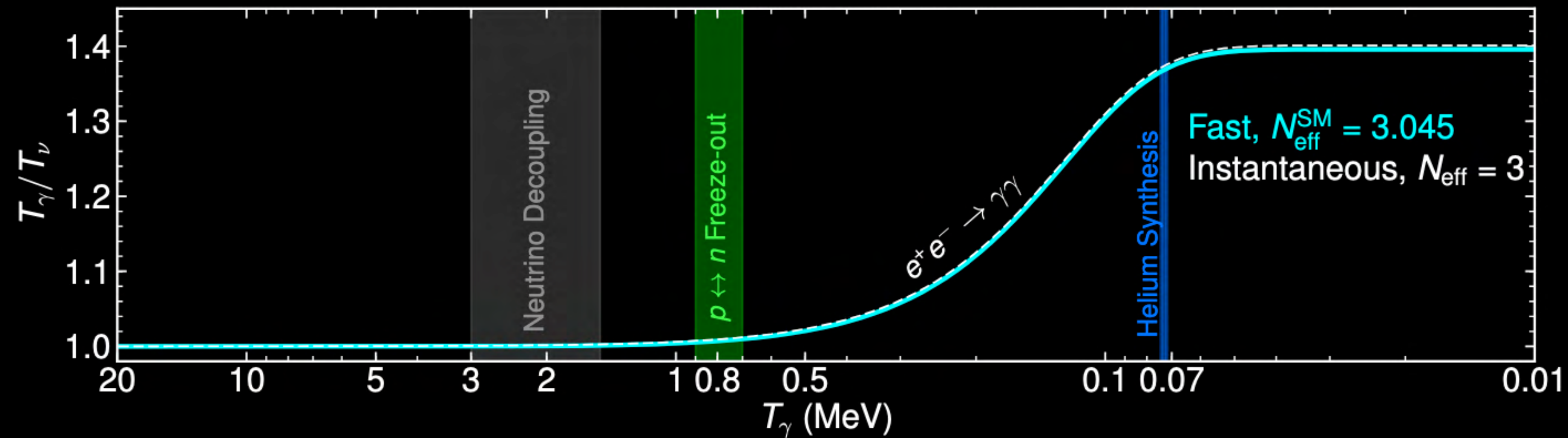
Neutrinos

In cosmology

ν $e^\pm$ γ W/Z



Evolution in the Standard Model



$$n_{\nu,0} = 56 \text{ cm}^{-3}$$

$$\frac{T_\nu}{T_\gamma} = \left(\frac{4}{11} \right)^{1/3}$$

Escudero: 2001.04466

Neutrinos

In cosmology

$$\Omega_\nu = \frac{\rho_\nu}{\rho_{\text{critical}}} \propto \sum \langle E_\nu \rangle n_\nu$$

$$T_{\nu,0} \gg m_\nu$$

$\langle E_\nu \rangle \simeq \langle \rho_\nu \rangle$, energy density characterised
by $N_{\text{eff}} \propto \langle p_\nu \rangle n_\nu$

$$N_{\text{eff}} \equiv \frac{8}{7} \left(\frac{11}{4} \right)^{4/3} \left(\frac{\rho_{\text{rad}} - \rho_\gamma}{\rho_\gamma} \right)$$

3.044(1)

SM prediction

2.99 ± 0.17

PLANCK 2018

$$T_{\nu,0} \ll m_\nu$$

$$\langle \rho_\nu \rangle = m_\nu, \quad \rho_\nu = \sum m_\nu n_\nu$$

ν 's contribute to expansion rate as DM

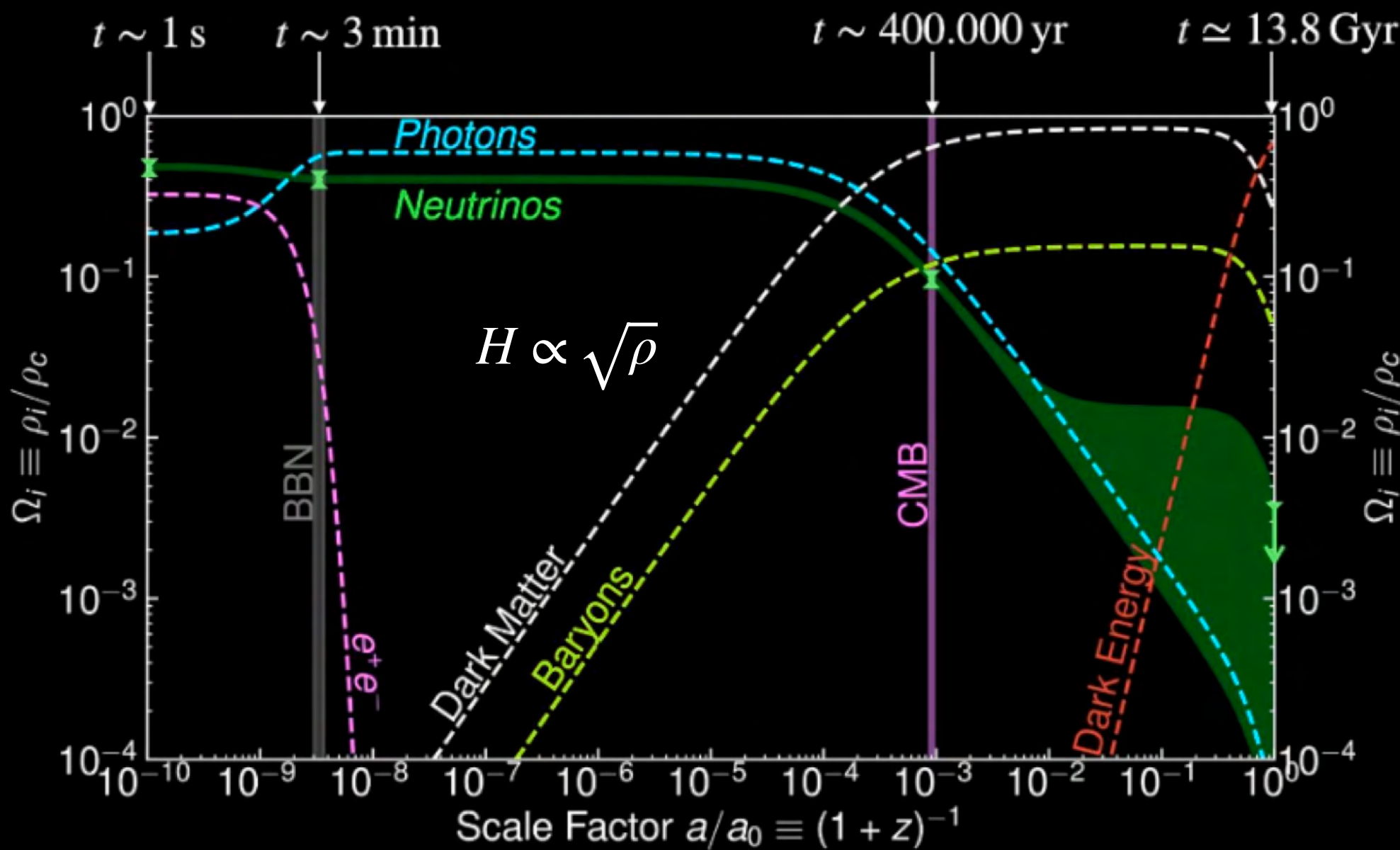
$$\Omega_\nu h^2 \equiv \frac{\sum m_\nu n_\nu^0 h^2}{\rho_{\text{critical}}} < 1.3 \times 10^{-3} \text{ (95 \% CL)}$$

PLANCK 2018

Neutrino Masses

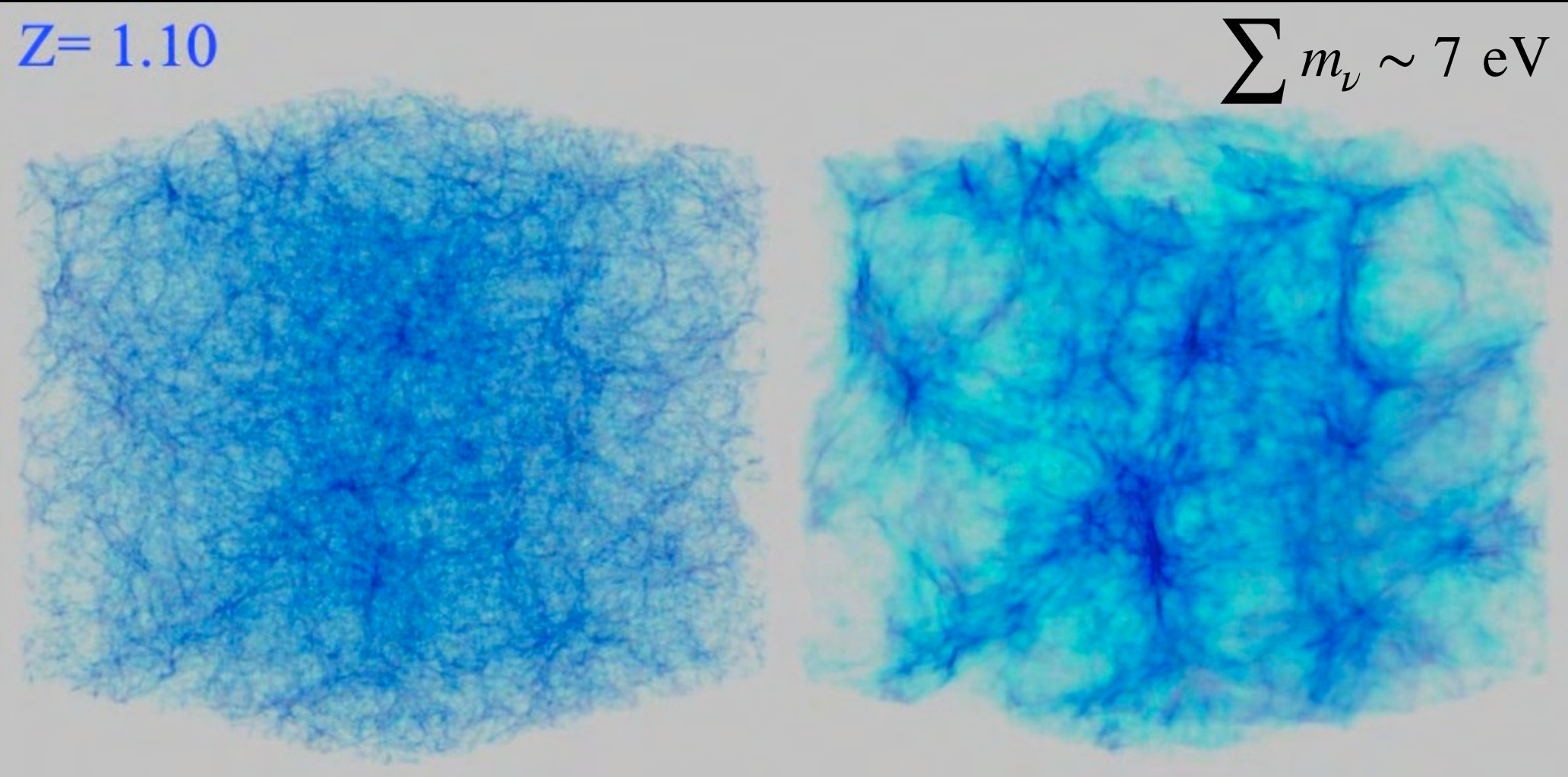
Cosmology

Alter the expansion history of the universe
near matter-radiation equality epoch



Credit: Miguel Escudero

Free-streaming affects the growth of
structures at late times

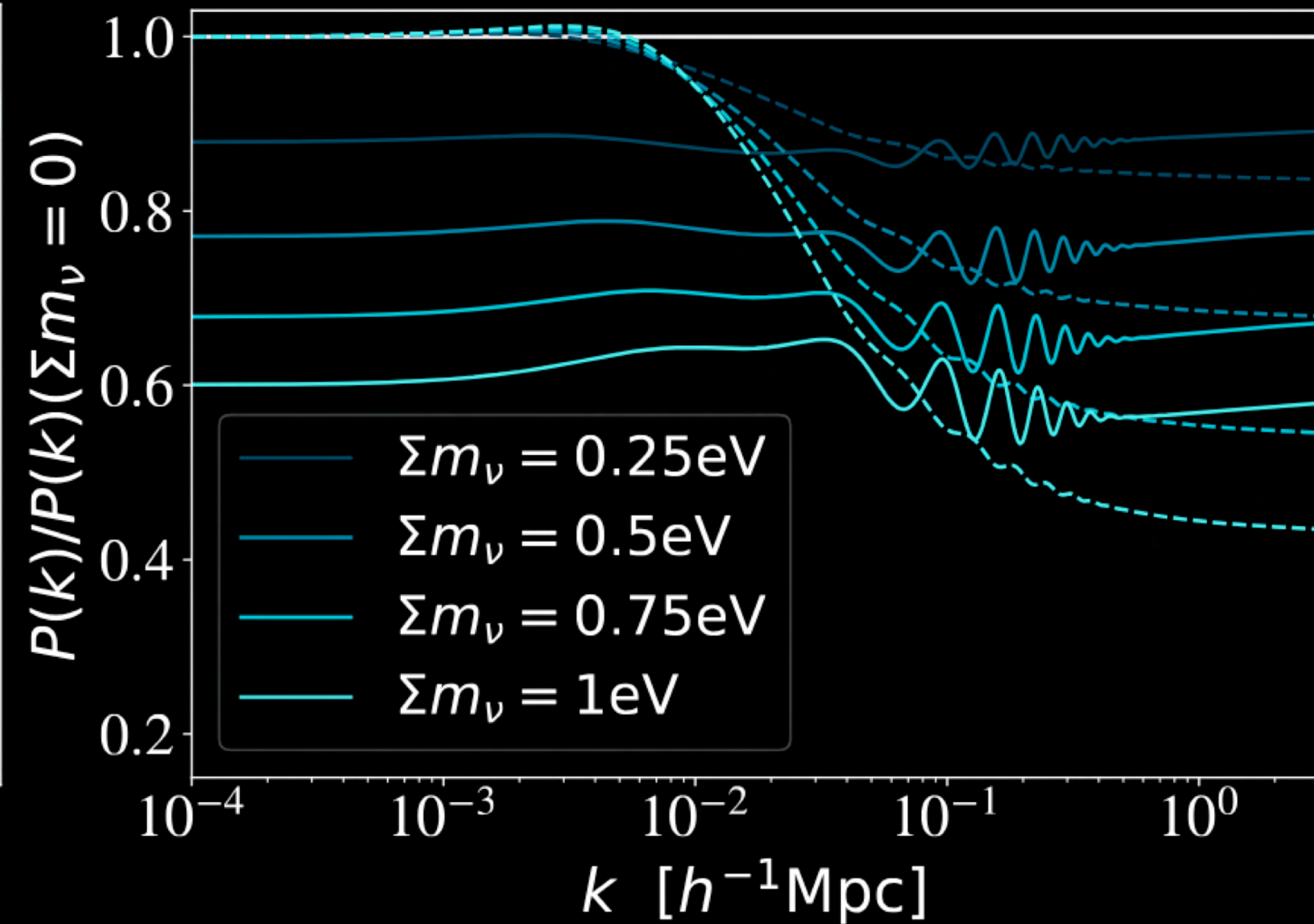
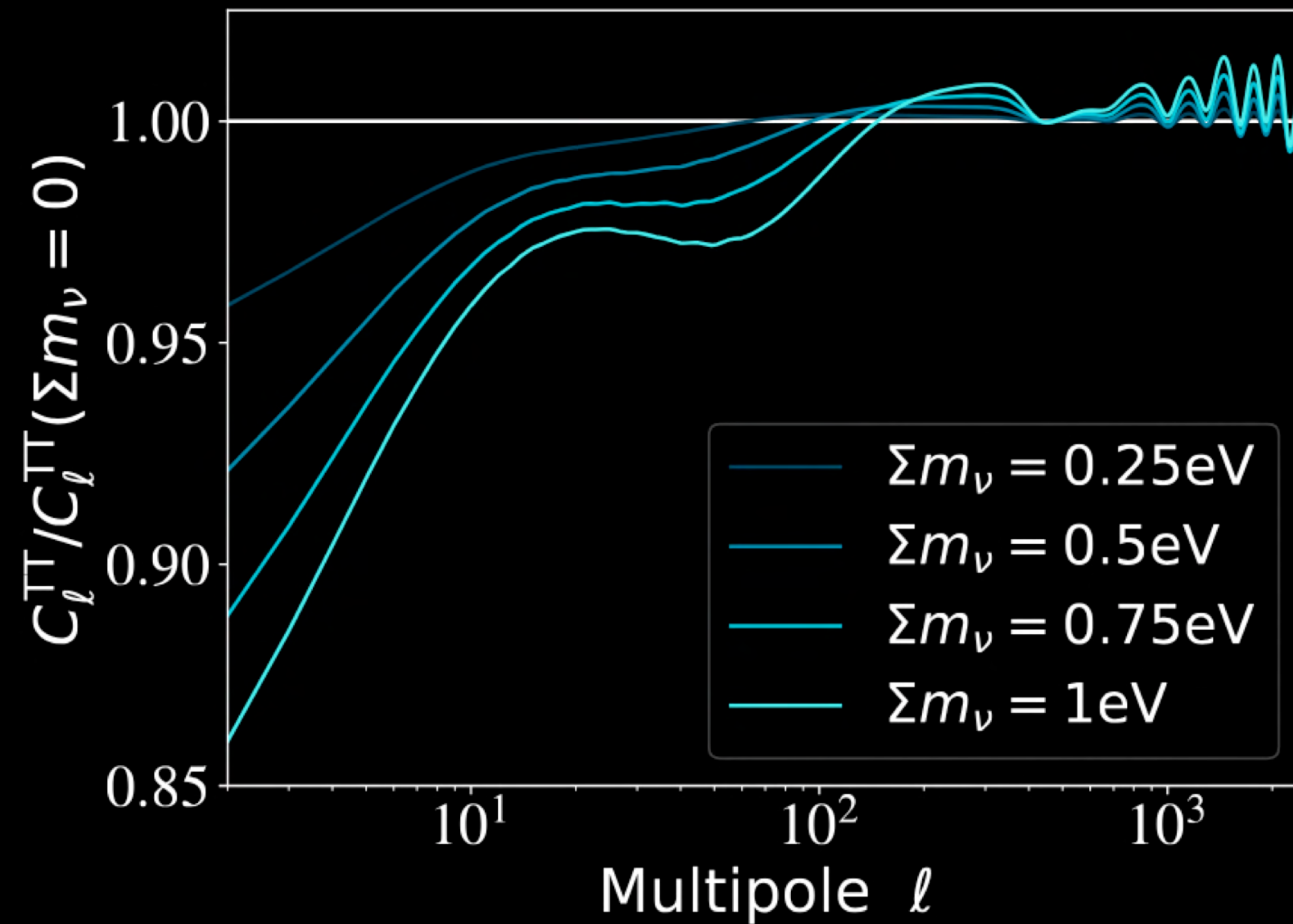


Credit: Troels Haugbølle

Cosmological observables → CMB + LSS

Neutrino Masses

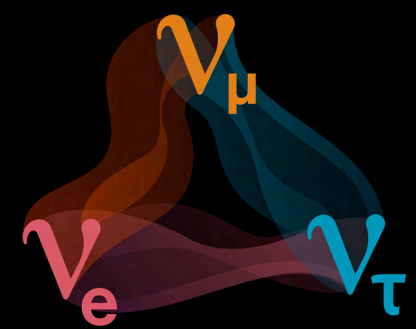
Cosmology



Credit: PDG 2022; Lesgourges, Verde

Neutrino Mass Bounds

Oscillations vs. Cosmology

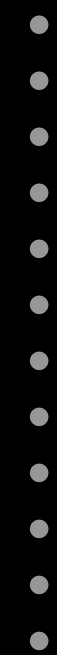


Oscillations

NuFit Collaboration

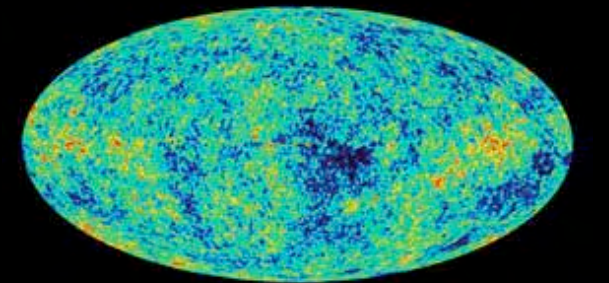
$$\sum m_\nu > \begin{cases} 0.058 \text{ eV} & \text{Normal ordering} \\ 0.098 \text{ eV} & \text{Inverted ordering} \end{cases}$$

95% CL



$$\sum m_\nu < \begin{cases} 0.12 \text{ eV} & \text{PLANCK CMB+BAO (2018)} \\ 0.064 \text{ eV} & \text{DESI 2025 + CMB} \end{cases}$$

95% CL



Cosmology

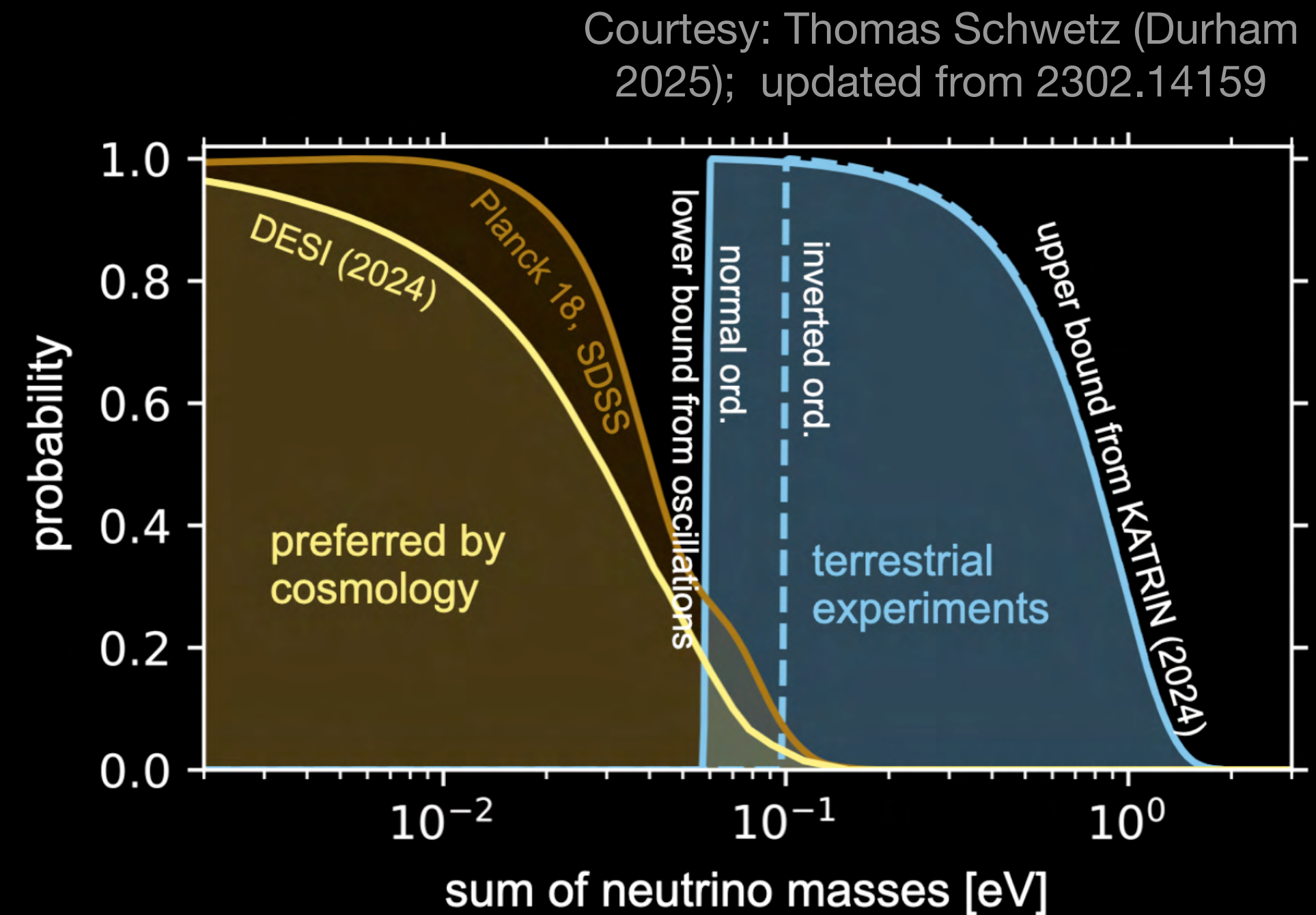
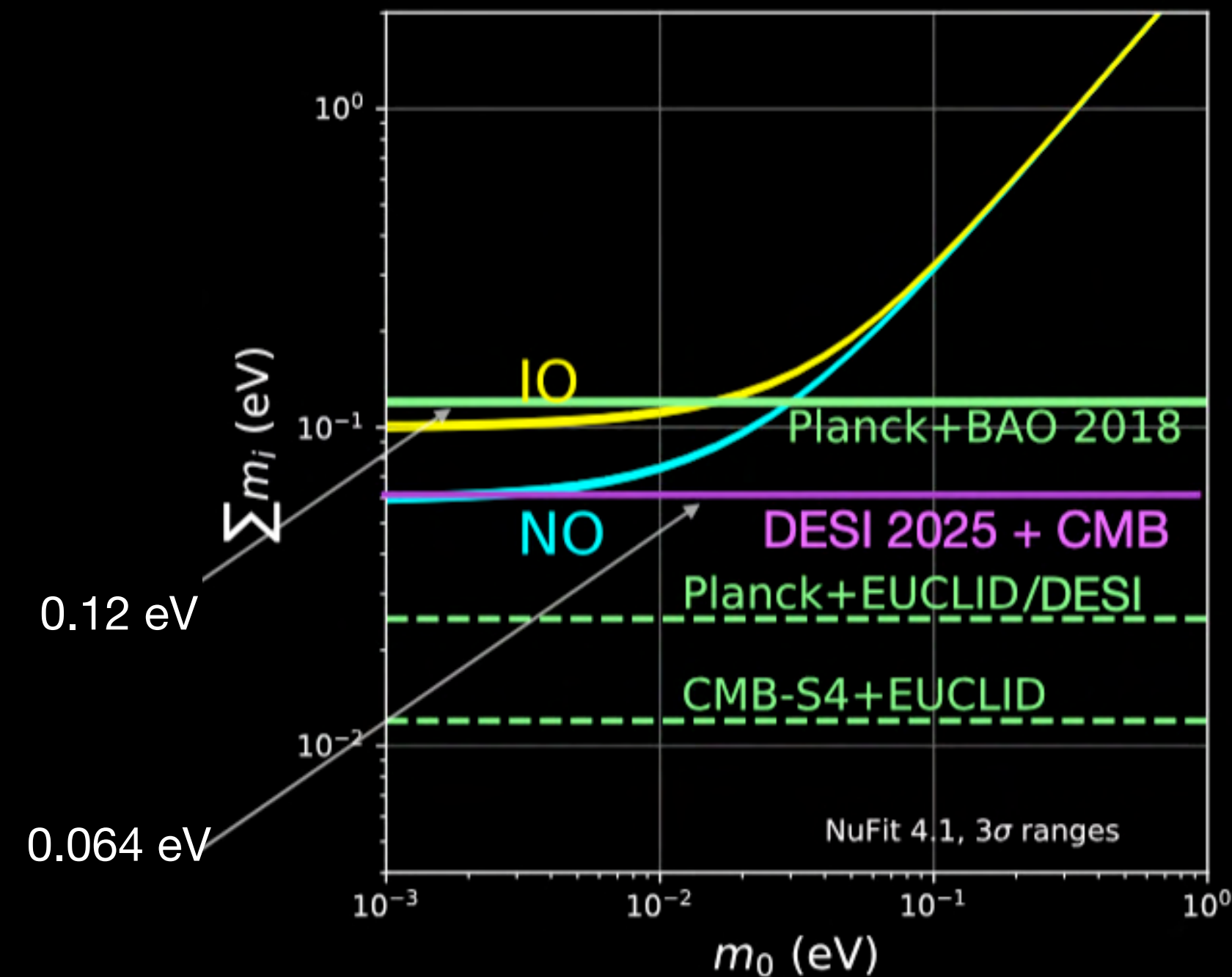
DESI bound is in significant tension with IO, very close to NO

2-zero neutrino mass textures $\rightarrow \sum m_\nu > 0.12 \text{ eV}$

Alcaide et al: 1806.06785;
Lattanzi et al: 2007.01650

Neutrino Mass Bounds

Laboratory vs. Cosmology



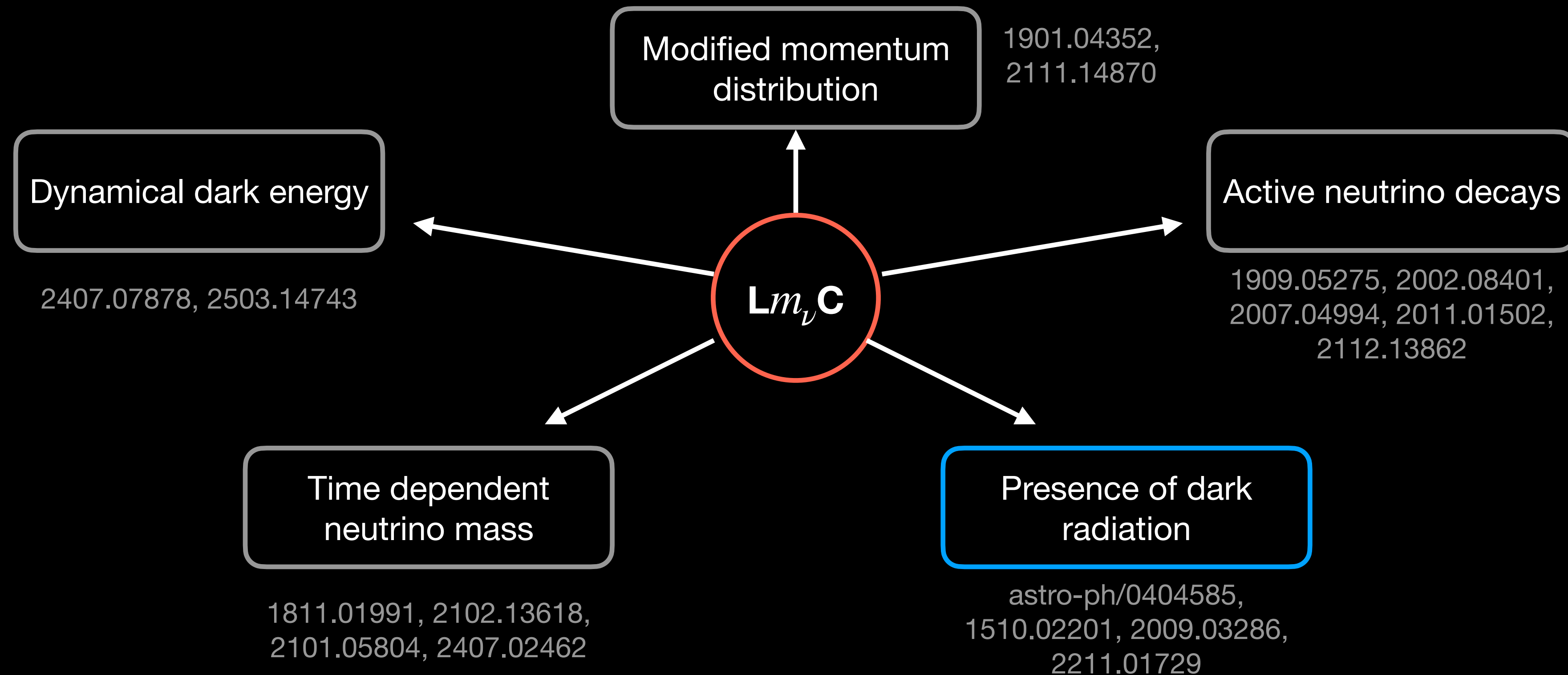
Standard cosmological scenario $\rightarrow$ We may not observe finite absolute neutrino mass in the laboratory

Can the two be reconciled? Can cosmological bounds be relaxed?

Relaxing the Cosmological ν mass bound

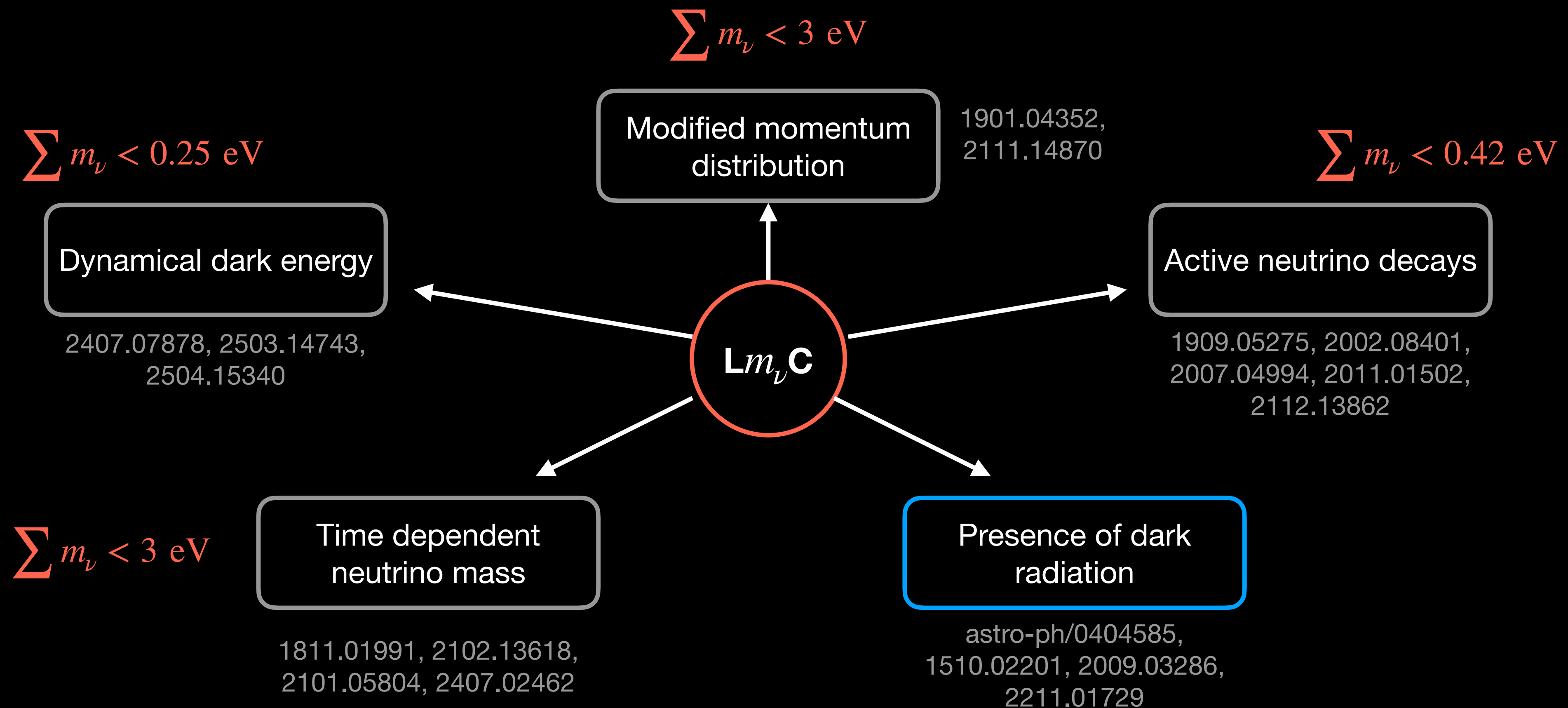
Large ν mass cosmology

Relaxing the cosmological bound requires non-standard scenarios → Large ν mass cosmologies



Relaxing the Cosmological ν mass bound

Large ν mass cosmology



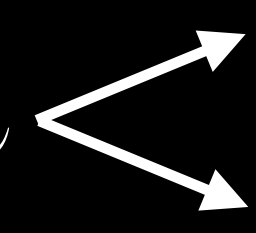
Large m_ν Cosmology

Presence of dark radiation

Cosmological bounds are sensitive to neutrino energy density

$$\Omega_\nu h^2 \equiv \frac{\sum m_\nu n_\nu^0 h^2}{\rho_{\text{critical}}} < 1.3 \times 10^{-3} \text{ (95 \% CL)} \longrightarrow \sum m_\nu \times \left(\frac{n_\nu^0}{56 \text{ cm}^{-3}} \right) < 0.12 \text{ eV (95 \% CL)} \quad \text{PLANCK 2018}$$

Reduce number density of neutrinos $\rightarrow$ Mass bound can be relaxed

At earlier times for ultra-relativistic ν s: Energy density characterised by $N_{\text{eff}} \propto \langle p_\nu \rangle n_\nu$ 

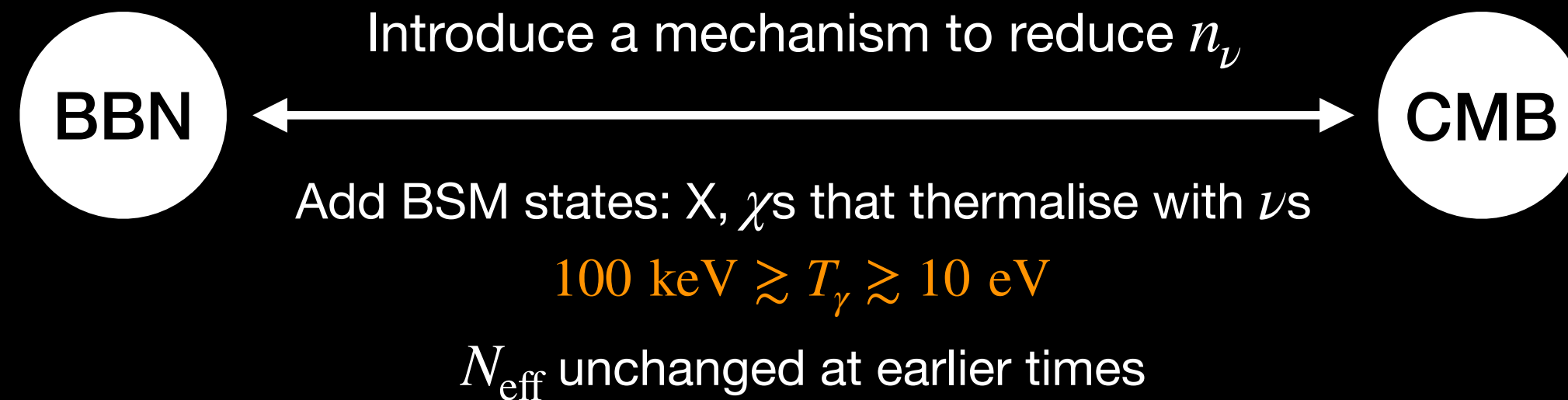
2.99 ± 0.17 PLANCK 2018
 $3.044(1)$ SM prediction

$$N_{\text{eff}} \equiv \frac{8}{7} \left(\frac{11}{4} \right)^{4/3} \left(\frac{\rho_{\text{rad}} - \rho_\gamma}{\rho_\gamma} \right)$$

Compensate decrease in n_ν : Add new light/massless d.o.f $\rightarrow$ Dark radiation

Large m_ν Cosmology

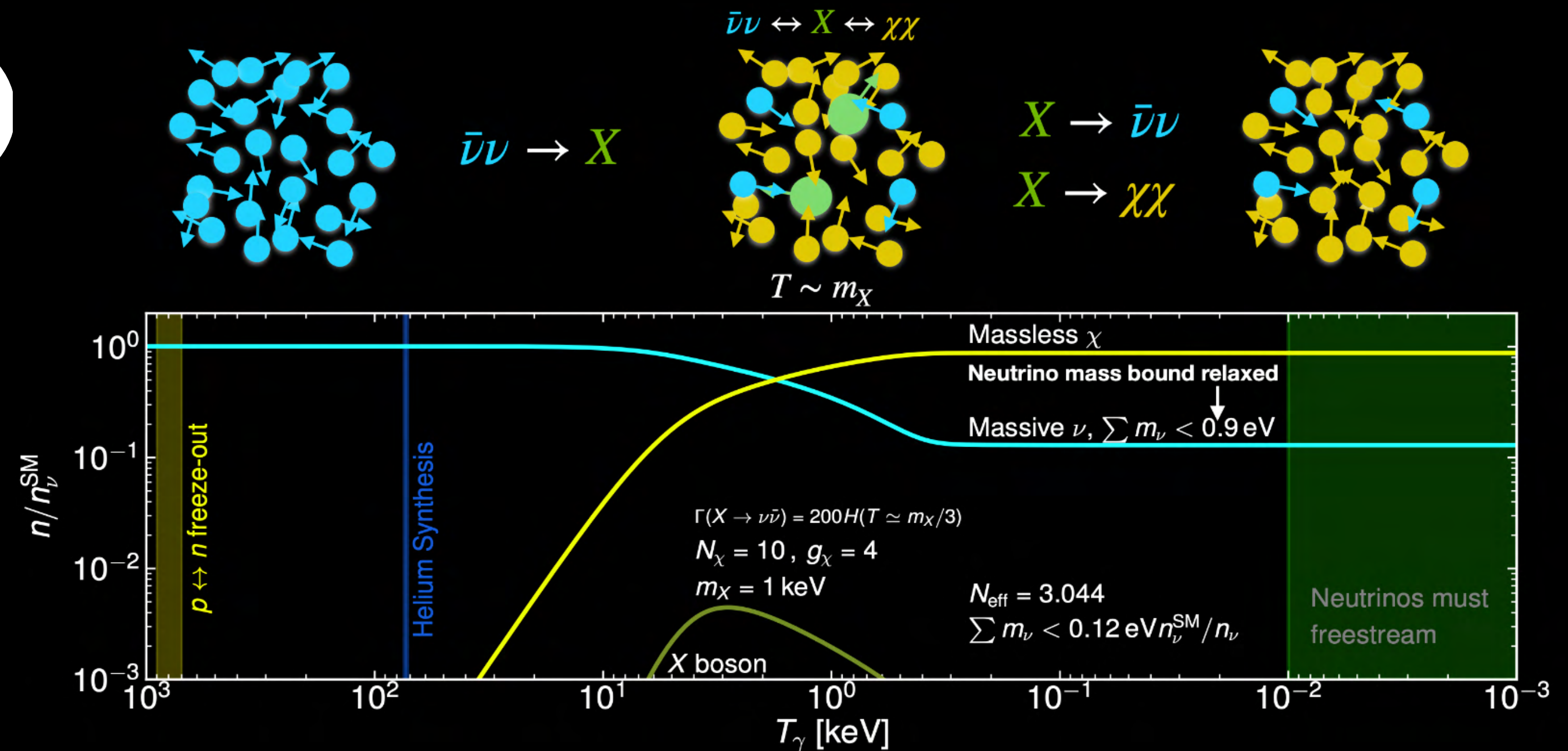
Presence of dark radiation



Post ν -decoupling ($T_\gamma \sim 2 \text{ MeV}$):
 Neutrinos cannot be produced anymore:
 Production of new states at their expense
 $\rightarrow n_\nu$ reduced

$$\left[\sum m_\nu \right]_{\text{eff}} = \sum m_\nu \frac{n_\nu}{n_\nu^{\text{SM}}}$$

Depends on
the dark d.o.f



Escudero, Schwetz,
Terol-Calvo: 2211.01729

Large m_ν Cosmology

Presence of Dark Matter?

The dark sector can be enlarged to contain a light keV fermionic DM candidate along with the dark radiation $\rightarrow$ Multi-component DS

Problem

keV scale sterile neutrino (ν_s) DM from oscillations: Dodelson Widrow is severely constrained

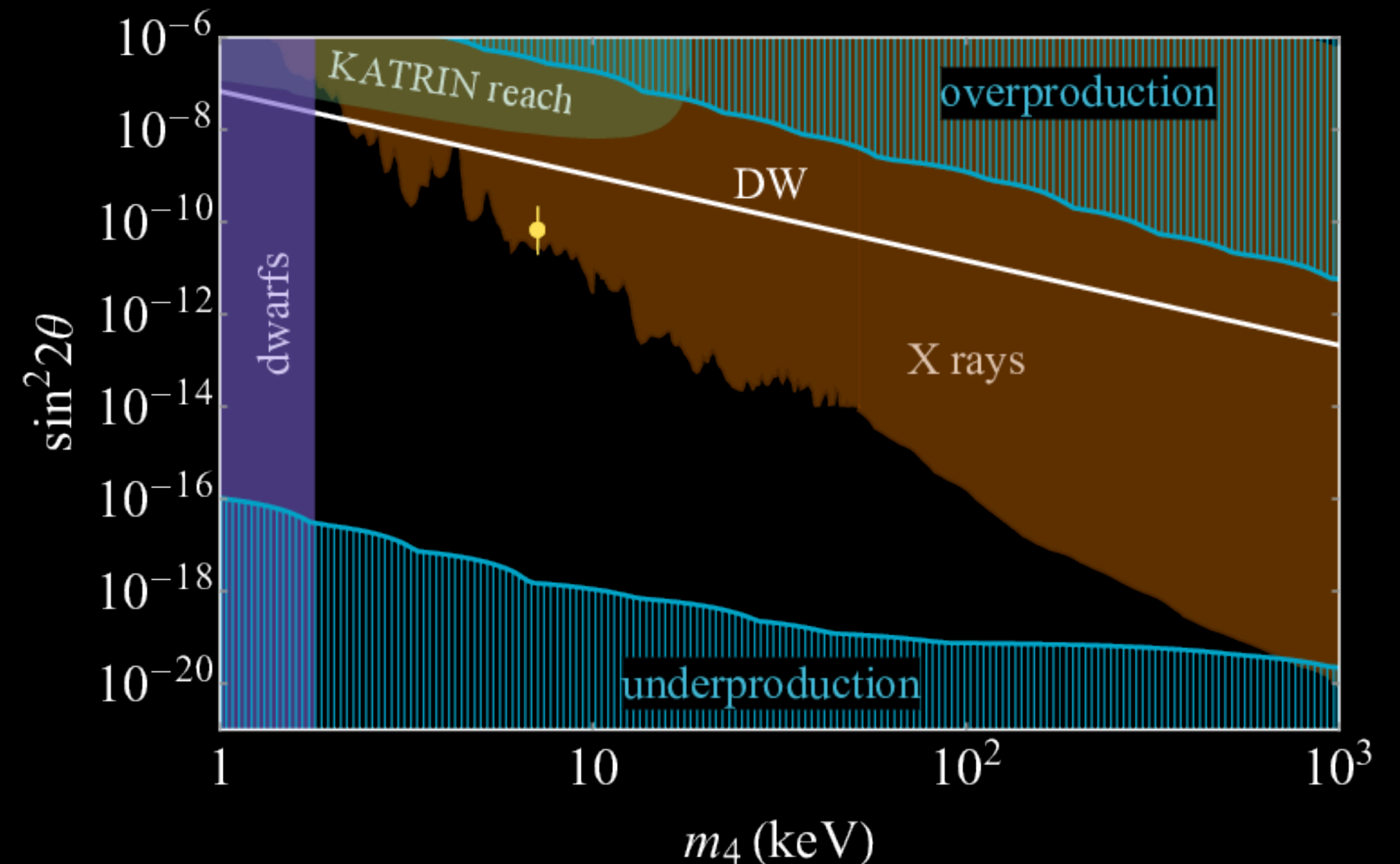
Solution

Non-standard neutrino interactions open up parameter space

Thermal DM below MeV possible if DM comes into thermal equilibrium post ν -decoupling

Berlin, Blinov: 1706.07046

de Gouvêa, Sen, Tangarife,
Zhang: 1901.04901

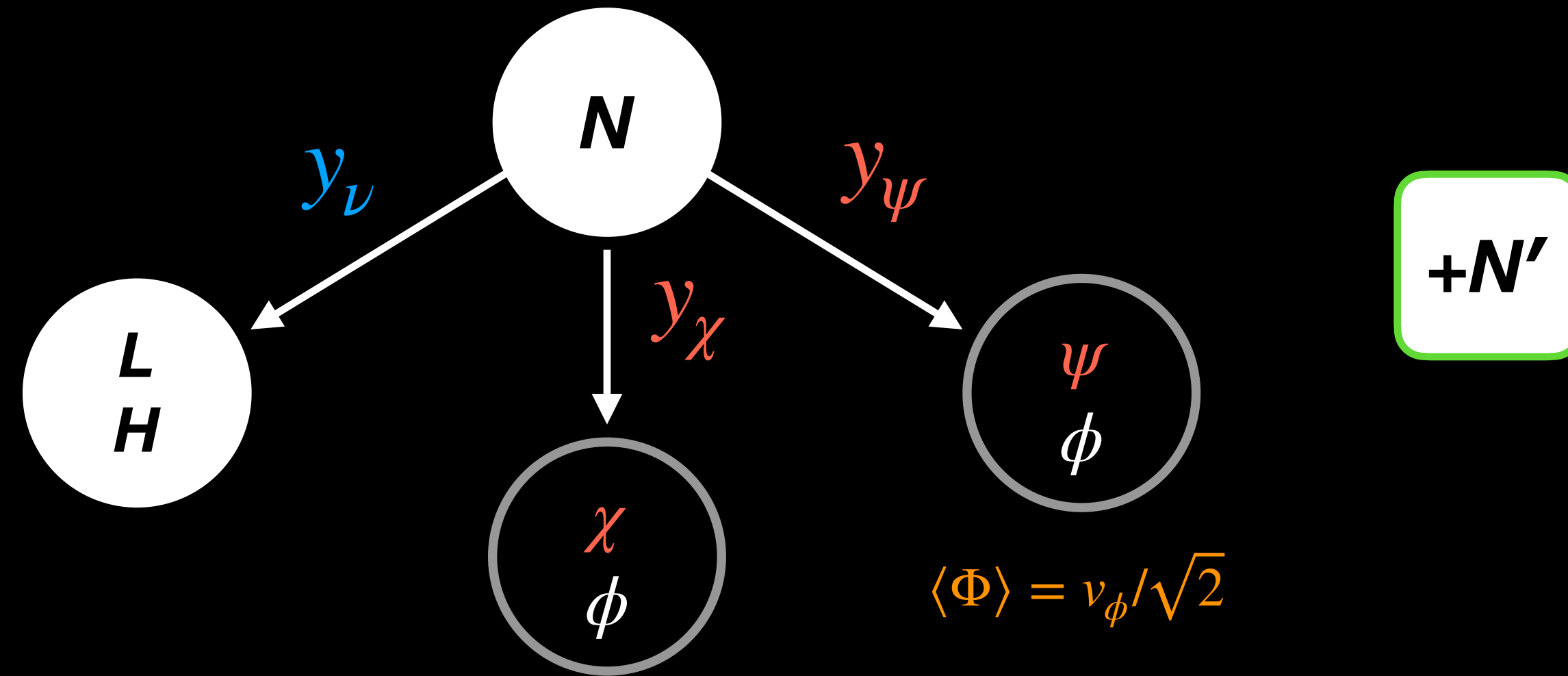


The Model

Minimally Extended Type-I Seesaw with $U(1)_X$

Similar to $\nu\Lambda$ MDM: Ko
and Tang: 1404.0236

	Field	Species	$U(1)_X$
Scalar	Φ	1	+1
Fermions	χ	N_χ	-1
	ψ	1	-1
	N	3	0
	N'	1	0



$$-\mathcal{L}_{\text{new}} = Y_\nu \bar{N} l_L \tilde{H}^\dagger + Y_\chi \bar{N} \chi_L \Phi + Y_\psi \bar{N} \psi_L \Phi + Y'_\nu \bar{N}' l_L \tilde{H}^\dagger + Y'_\chi \bar{N}' \chi_L \Phi + Y'_\psi \bar{N}' \psi_L \Phi + \frac{1}{2} M \bar{N} N^c + \frac{1}{2} M' \bar{N}' N'^c + \text{H.c.}$$

$$V(H, \phi) = \mu_H^2 H^\dagger H + \lambda_H (H^\dagger H)^2 + \mu_\phi^2 |\Phi|^2 + \lambda_\phi |\Phi|^4 + \lambda_{H\phi} |\Phi|^2 H^\dagger H$$

Gauge interaction $\mathcal{L}_{\text{int}} = \sum_f Q_f g Z'_\mu \bar{f} \gamma^\mu f$ $g \equiv m_{Z'}/v_\phi$

The Model

Masses & Mixings

Neutral fermion mixing matrix:

$(\chi_L^c, \nu_L^c, \psi_L^c, N', N)$ basis

$$\mathcal{M}_n = \begin{pmatrix} 0 & 0 & 0 & \Lambda' & \Lambda \\ 0 & 0 & 0 & m_D' & m_D \\ 0 & 0 & 0 & \kappa' & \kappa \\ \Lambda'^T & m_D'^T & \kappa'^T & M' & 0 \\ \Lambda^T & m_D^T & \kappa^T & 0 & M \end{pmatrix}$$

$\swarrow Y_\chi \nu_\phi / \sqrt{2}$
 $\downarrow Y_\nu \nu_{EW} / \sqrt{2}$
 $\searrow Y_\psi \nu_\phi / \sqrt{2}$

$$M \gg M' \gg m_D \gg \kappa', \Lambda \gg m_D', \Lambda', \kappa$$

Massive: $2N_{\text{heavy}}$
 Massless: $(3 + N_{\text{light}} - N_{\text{heavy}})$

Small
mixing

$$\theta_{\nu\chi} = \frac{\Lambda}{m_D}$$

$$\theta_{\nu\psi} = \frac{m_D'}{\kappa'}$$

Suppressed
mixing

$$m_N \approx M, m_{N'} \approx M'$$

$$m_\chi = 0$$

N_χ massless fermions

$$\begin{aligned} m_\nu &\approx m_D M^{-1} m_D^T \\ m_\psi &\approx \kappa' M'^{-1} \kappa'^T \end{aligned}$$

Seesaw induced
Majorana masses

$$m_\psi \sim 10 \text{ keV} \left(\frac{\kappa'}{10^4 \text{ keV}} \right)^2 \left(\frac{10 \text{ GeV}}{M'} \right)$$

ψ becomes the DM candidate in the model

DM freeze-out in DS

Production & Depletion

$$\nu\nu \leftrightarrow Z' \leftrightarrow \chi\chi$$

DM can be produced by $Z' \leftrightarrow \psi\psi$ ($m_{Z'} > 2m_\psi$) or $Z'Z' \leftrightarrow \psi\psi$ and $\chi\chi \leftrightarrow \psi\psi$ ($m_\psi > m_{Z'}$)

Annihilations $\psi\psi \rightarrow \chi\chi$ and $\psi\psi \rightarrow Z'Z'$ freeze-out at $T_{\text{dark}} < m_\psi$

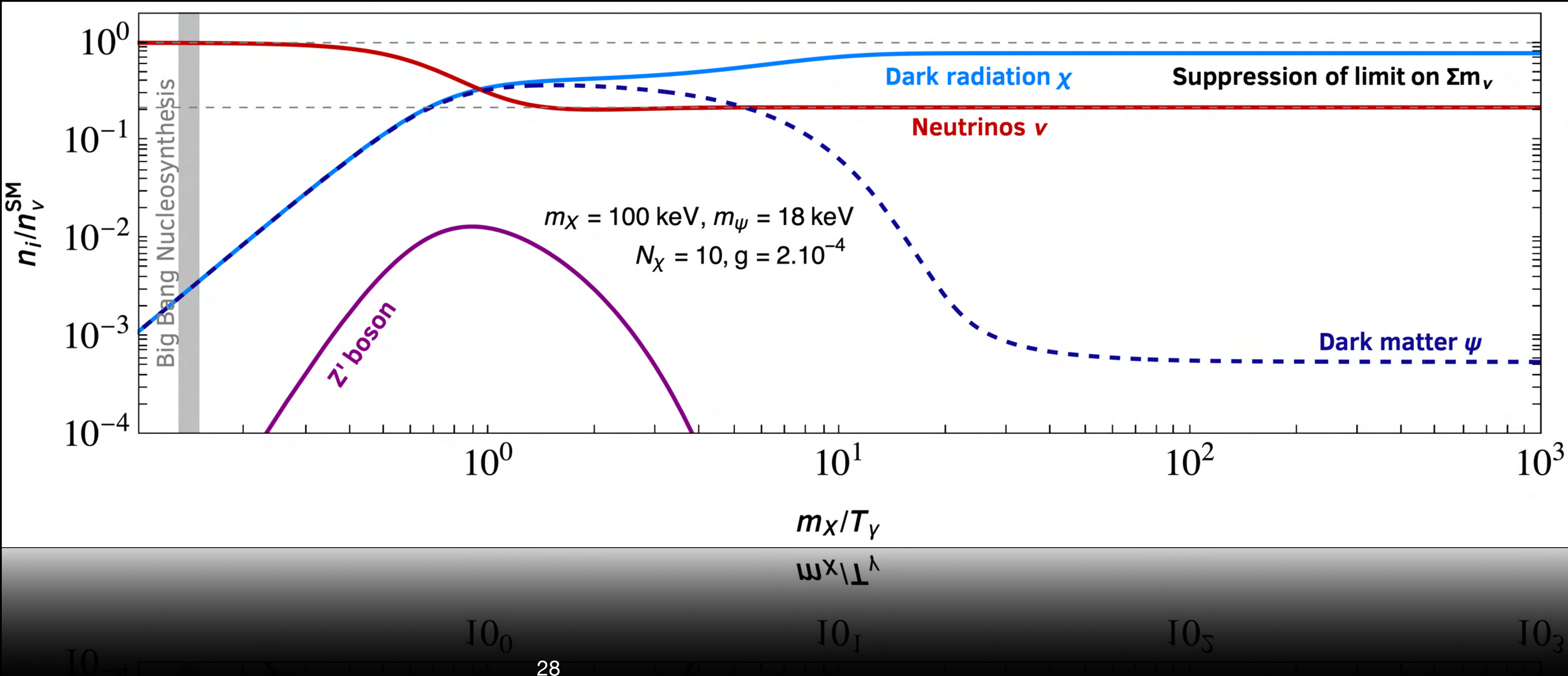
$$\mathcal{L}_{\text{int}} = \sum_f Q_f g Z'_\mu \bar{f} \gamma^\mu f$$

$$\lambda_{Z'}^{\nu\nu} \simeq \frac{m_{Z'}}{v_\phi} \theta_{\nu\chi}^2$$

$$\lambda_{Z'}^{\nu\chi} = \frac{m_{Z'}}{v_\phi} \theta_{\nu\chi}$$

$$\lambda_{Z'}^{\psi\psi} = \lambda_{Z'}^{\chi\chi} = \frac{m_{Z'}}{v_\phi}$$

$$\lambda_{Z'}^{\nu\psi} = \frac{m_{Z'}}{v_\phi} \theta_{\nu\psi}$$



DM freeze-out in DS

Relic abundance

ψ comes into thermal equilibrium with the DS and finally freezes out

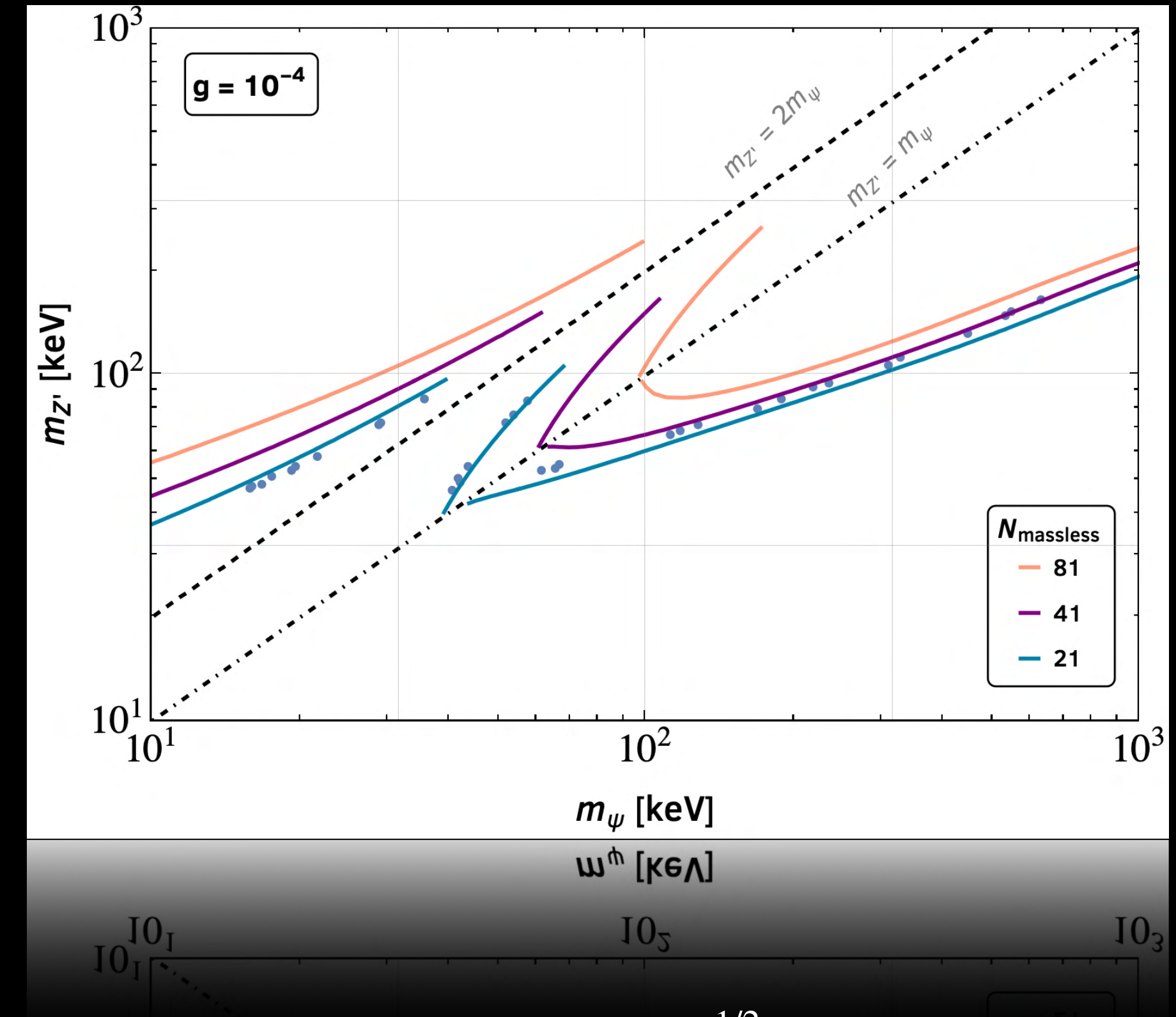
$$\Omega_\psi h^2 \simeq x_f \frac{10^{-10} \text{ GeV}^{-2}}{\langle \sigma v \rangle_{\text{tot}}}$$

Depends on DS temperature

$$(\sigma v)_{\psi\psi \rightarrow \chi\chi} \approx \tilde{N} \frac{g^4}{48\pi} \frac{m_\psi^2}{(m_{Z'}^2 - 4m_\psi^2)^2} v^2$$

$$(\sigma v)_{\psi\psi \rightarrow Z'Z'} \approx \frac{g^4}{16\pi m_\psi^2} \left(1 - \frac{m_{Z'}^2}{m_\psi^2}\right)^{1/2} \left(1 + \frac{m_\psi^4}{m_{Z'}^4} v^2\right)$$

Extreme limits: $m_{Z'} \gg m_\psi$ or vice versa $\rightarrow (\sigma v) \propto v_\phi^{-4}$



$$v_\phi \simeq 10^5 \text{ keV} \left(\frac{m_\psi}{15 \text{ keV}} \right)^{1/2} \left(\frac{3.2}{x_f} \right)^{1/2} \times \begin{cases} 2\tilde{N}^{1/4} (m_{Z'} \gg m_\psi) \\ 2.4 (m_{Z'} \ll m_\psi) \end{cases}$$

Constraints

Stability & X-ray bounds

DM decay $\rightarrow \psi$ lifetime should be larger than the age of the universe

$$m_\psi < m_{Z'}$$

$$\psi \rightarrow \nu \chi \chi \quad \theta_{\nu\psi}^2 < 2 \times 10^{-16} \left(\frac{15 \text{ keV}}{m_\psi} \right)^5 \left(\frac{21}{\tilde{N}} \right) \left(\frac{v_\phi}{2 \text{ GeV}} \right)^4$$

$$m_\psi > m_{Z'}$$

$$\psi \rightarrow Z' \nu \quad \theta_{\nu\psi}^2 < 1.2 \times 10^{-30} \left(\frac{m_{Z'}}{10 \text{ keV}} \right)^2 \left(\frac{10^{-4}}{g} \right)^2 \left(\frac{40 \text{ keV}}{m_\psi} \right)^3$$

Sterile ν DM mixing with active ν s $\rightarrow$ Observable monochromatic X-ray line

$$\psi \rightarrow \nu \gamma$$

$$\Gamma_{\psi \rightarrow \nu \gamma} = \frac{9 \alpha G_F^2}{256 \cdot 4\pi^4} \sin^2(2\theta_{\nu\psi}) m_\psi^5$$

$$\theta_{\nu\psi}^2 \lesssim 7.65 \times 10^{-13} \left(\frac{15 \text{ keV}}{m_\psi} \right)^5$$

$\theta_{\nu\psi}$ should be really suppressed

Constraints

Structure formation

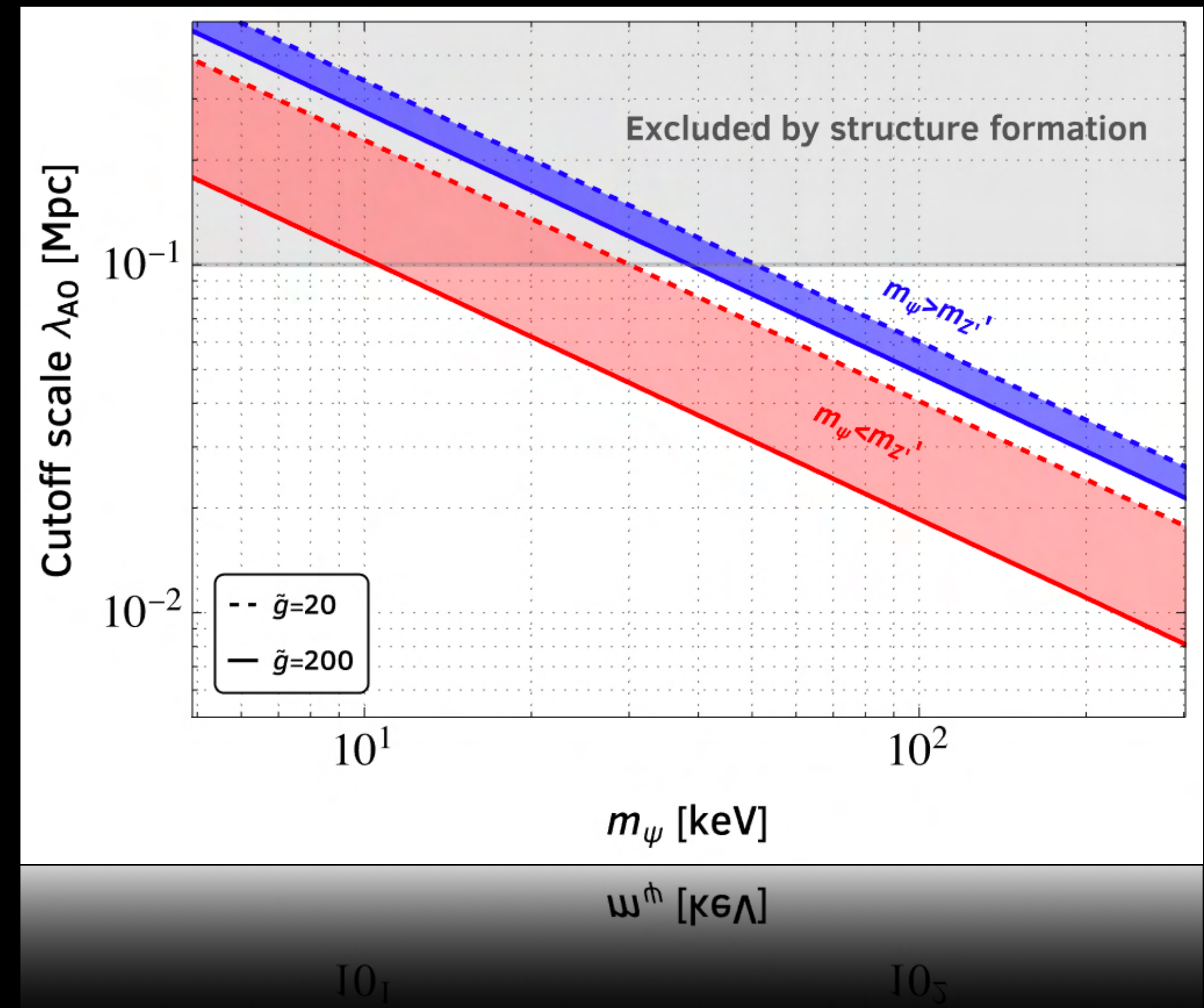
Potentially large free-streaming scale $\rightarrow$
Prevent formation of small scale structures

Post freeze-out DM ψ remains in thermal contact with dark radiation χ via elastic processes $\psi\chi \leftrightarrow \psi\chi$

$$M_{\text{hm}} = \frac{4\pi}{3} \rho_{\text{DM}} \left(\frac{\lambda_{\text{hm}}}{2} \right)^3 \approx 1.9 \times 10^7 M_{\odot} \left(\frac{\lambda_{\text{hm}}}{0.1 \text{ Mpc}} \right)^3$$

Depends on
temperature of
kinetic decoupling

T_{kd}

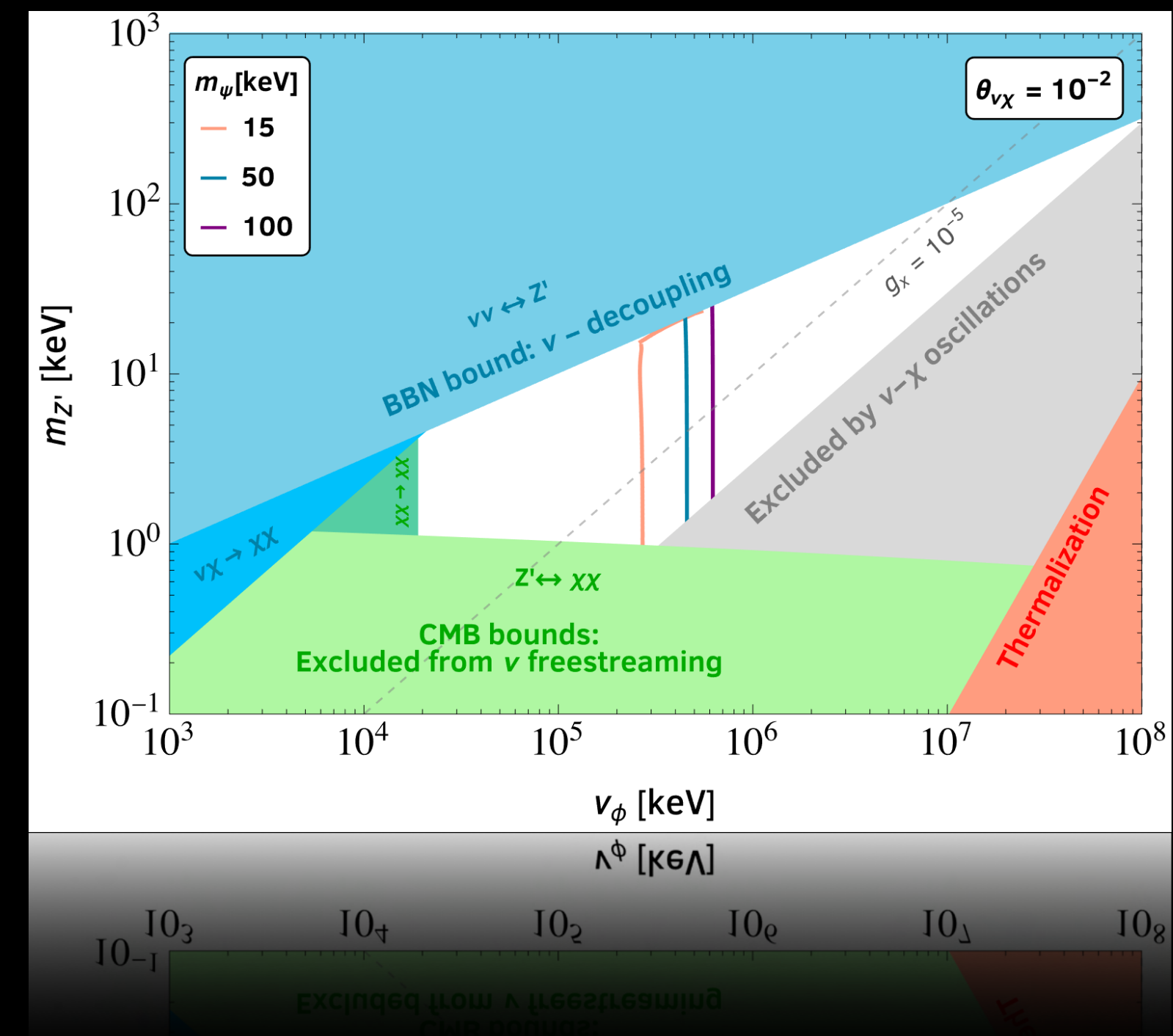
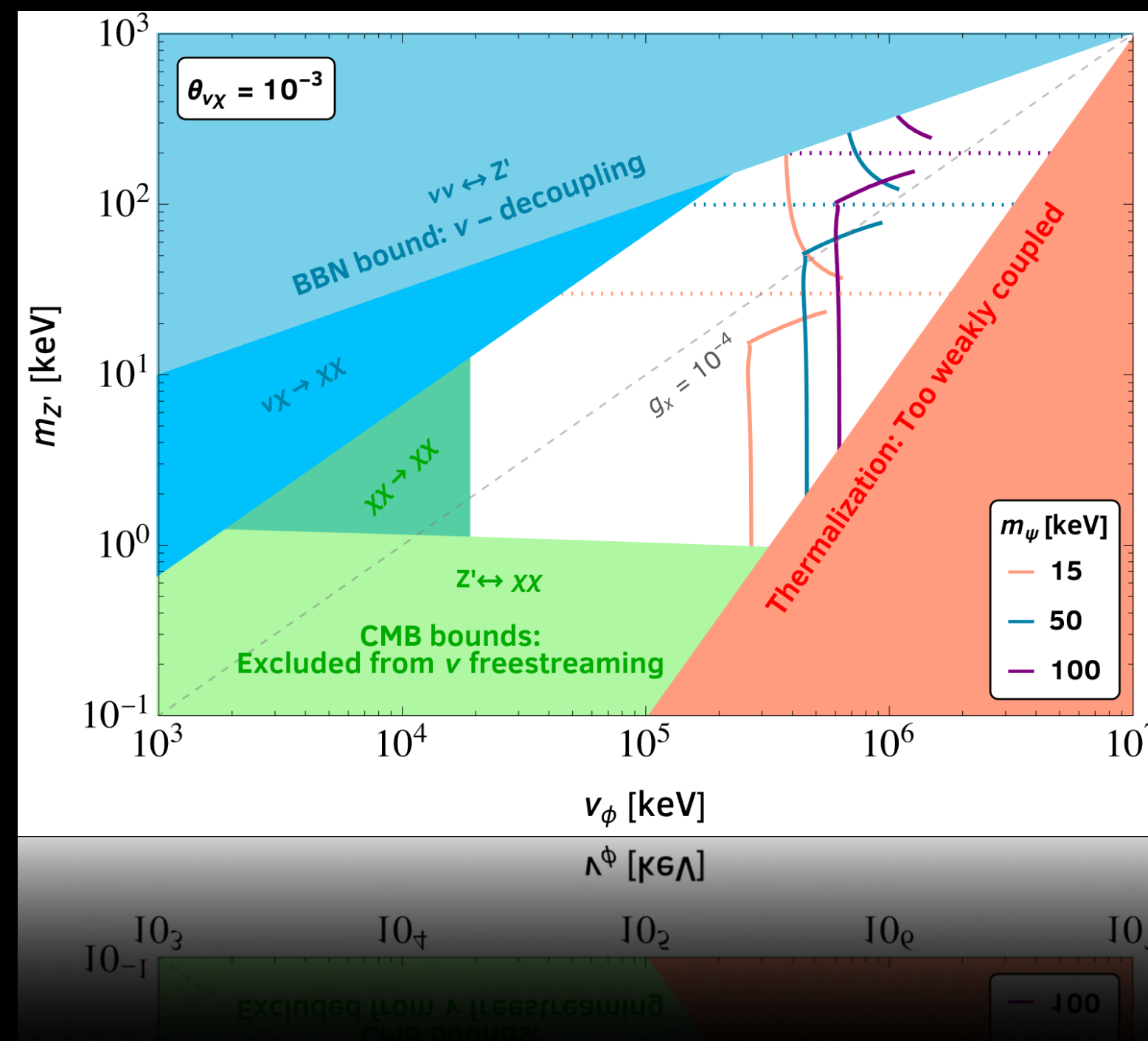


Viable Parameter Space

Putting everything together

Taule, Escudero, Garry:
2207.04062

- Thermalisation**
 - ν s should thermalise with Z' in $0.7 \text{ MeV} > T_\gamma > 10 \text{ eV}$
- BBN constraints**
 - ν s should not thermalise with Z' ; avoid χ 's exponential growth $\nu\chi \leftrightarrow \chi\chi$ at $T_\gamma > 0.7 \text{ MeV}$
- CMB constraints**
 - $\nu\nu \rightarrow Z'$ and $Z' \rightarrow \chi\chi$ must be inefficient at $z \sim 10^5$; CMB not perturbed by lack of χ free streaming
- Active-sterile mixing**
 - Constrain production of χ from oscillations before BBN using $\Delta N_{\text{eff}} < 0.3 \rightarrow 10^{-4} \leq \theta_{\nu\chi} < 10^{-1}$



Neutrino Mass Suppression

N_{eff} and DS Temperature

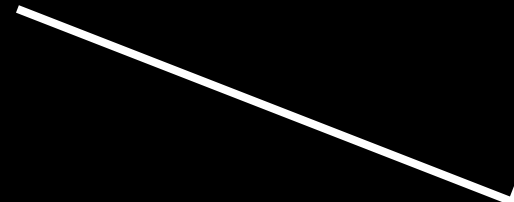
New degrees of freedom come into equilibrium with neutrinos at T_{ν}^{eq} to form a system with T_{eq}

$$\rho_{\nu}(T_{\nu}^{\text{eq}}) = \sum_{f=\nu,\chi,\psi} \rho_f(T_{\text{eq}}) + \rho_{Z'}(T_{\text{eq}})$$

System evolves adiabatically from T_{eq} to T_{fin} when ψ, Z' become non-relativistic, use $a_{\text{eq}}^3 s_{\text{eq}}(T_{\text{eq}}) = a_{\text{fin}}^3 s_{\text{fin}}(T_{\text{fin}})$

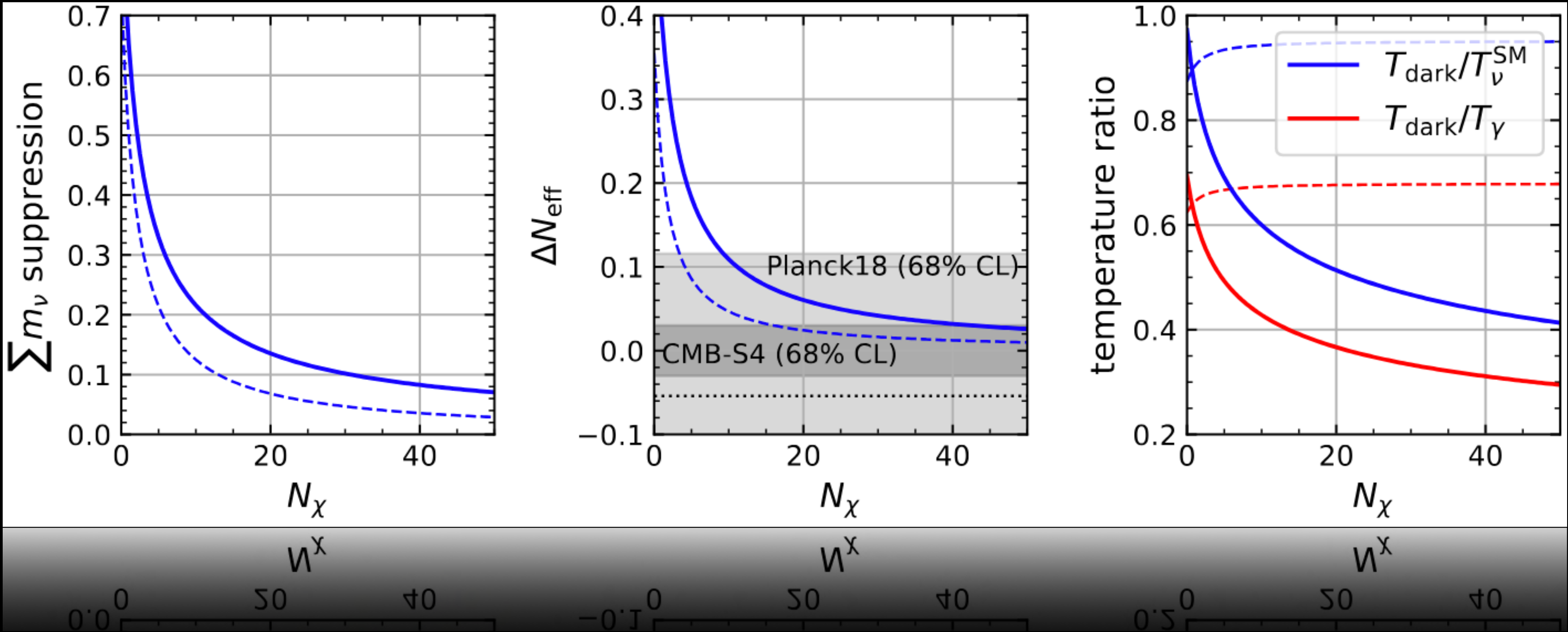
$$\frac{n_{\nu}}{n_{\nu}^{\text{SM}}} = \left(\frac{T_{\text{dark}}}{T_{\nu}^{\text{SM}}} \right)^3 = \frac{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}{g_{\nu} + \tilde{g}} \left(\frac{g_{\nu}}{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}} \right)^{3/4}$$

$$N_{\text{eff}} \equiv \frac{8}{7} \left(\frac{11}{4} \right)^{4/3} \frac{\rho_{\text{dark}}}{\rho_{\gamma}} = \frac{g_{\nu} + \tilde{g}}{2} \left(\frac{T_{\text{dark}}}{T_{\nu}^{\text{SM}}} \right)^4$$


$$\left[\sum m_{\nu} \right]_{\text{eff}} = \sum m_{\nu} \frac{n_{\nu}}{n_{\nu}^{\text{SM}}}$$

Neutrino Mass Suppression

N_{eff} and DS Temperature



M [GeV]	M' [GeV]	m_D [GeV]	κ' [GeV]	Λ [GeV]	v_ϕ [GeV]	m_ψ [keV]	$m_{Z'}$ [keV]	$g = m_{Z'}/v_\phi$	$\theta_{\nu\chi}$	N_χ	n_ν/n_ν^{SM}	ΔN_{eff}
10^{11}	10^2	4.47	0.043	0.004	0.5	18.5	100	2×10^{-4}	10^{-3}	10	0.216	0.109
10^{12}	10^3	14.14	0.23	0.141	0.8	53	77	9.6×10^{-5}	10^{-2}	10	0.216	0.109
10^{13}	10^2	44.7	0.1	0.044	0.6	100	32	5.3×10^{-5}	10^{-3}	20	0.135	0.060

Summary

It's a wrap

Comparing cosmology and laboratory bounds on $\sum m_\nu \rightarrow$ Hints of new physics

The cosmological neutrino mass bound can be relaxed with a light dark sector

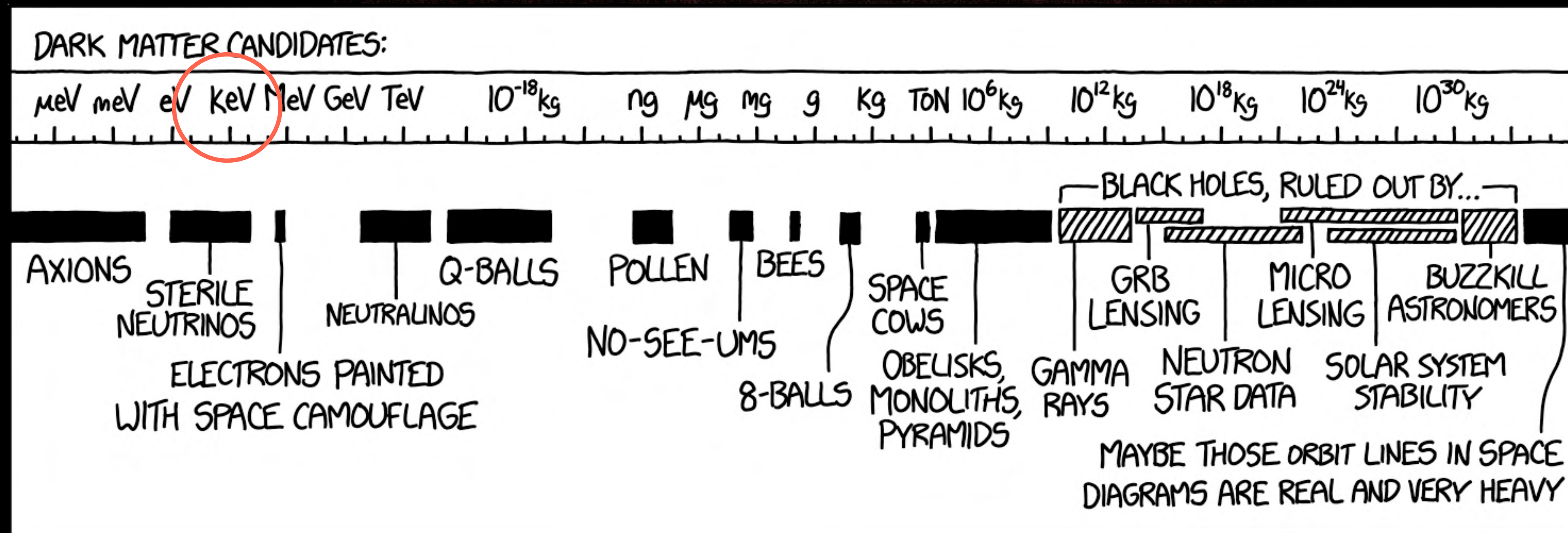
We embed the mechanism in an extended seesaw model $\rightarrow \nu$ masses, DM and leptogenesis

Model has a complex particle content though not so numerous free parameters $\rightarrow m_\psi, m_{Z'}, v_\phi, \theta_{\nu\chi}, N_\chi$

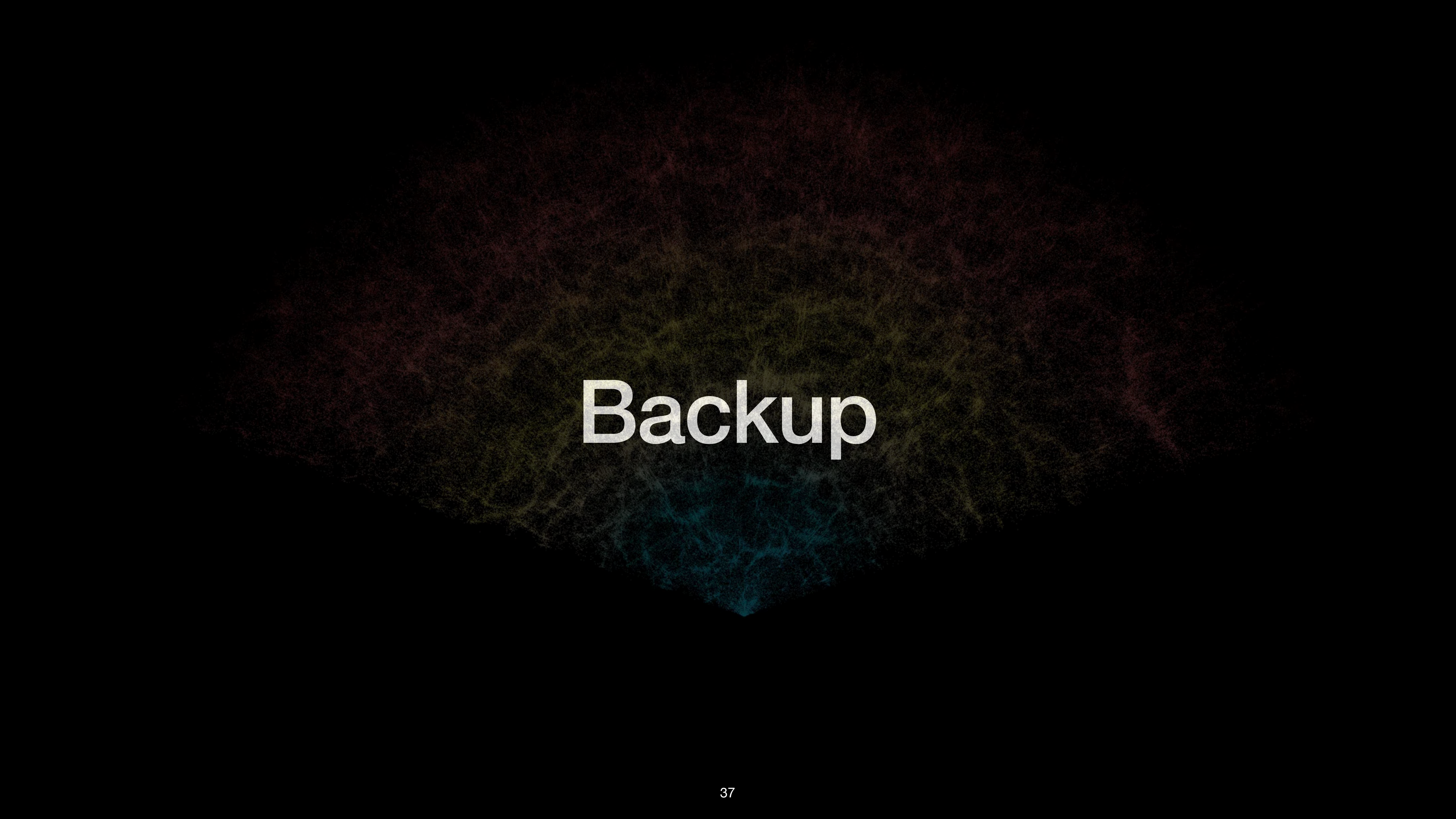
Dark sector particles play no role above $T_\gamma \sim 1$ MeV and come into equilibrium after ν -decoupling

DM thermalises with the DS and then freezes out $\rightarrow$ Abundance set by DS gauge interactions, not by mixing with SM neutrinos

Signatures of the model $\rightarrow$ Slightly increased N_{eff} at late times, Suppressed matter power spectrum at small scales (warm DM)



Thank You



Backup

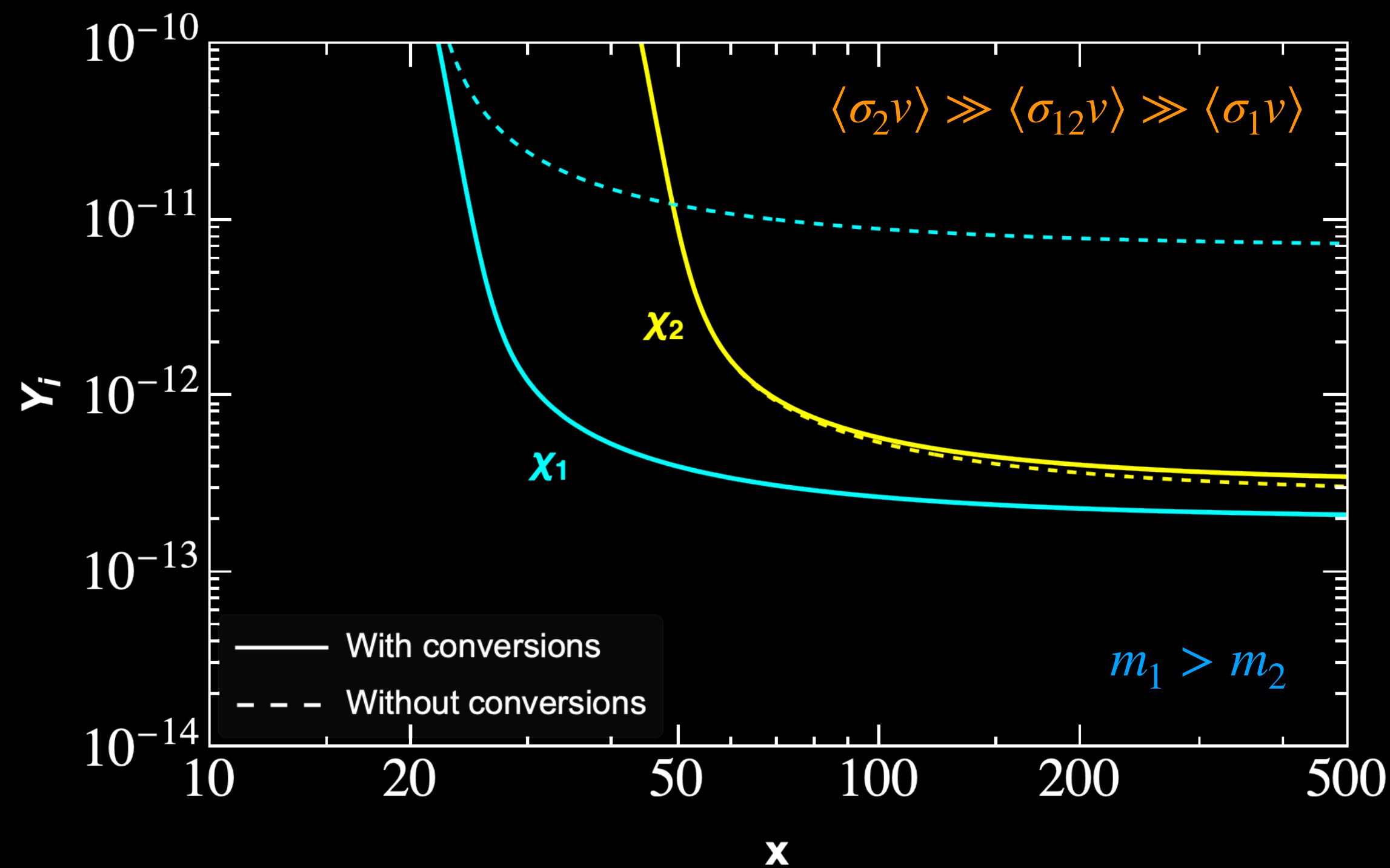
Symmetric Components

2DM

$$\frac{dY_1}{dx} = -\frac{s}{Hx} \left[\langle \sigma_1 v \rangle (Y_1^2 - \bar{Y}_1^2) + \langle \sigma_{12} v \rangle (Y_1^2 - \frac{Y_2^2}{\bar{Y}_2^2} \bar{Y}_1^2) \right] \quad \frac{dY_2}{dx} = -\frac{s}{Hx} \left[\langle \sigma_2 v \rangle (Y_2^2 - \bar{Y}_2^2) - \langle \sigma_{12} v \rangle (Y_1^2 - \frac{Y_2^2}{\bar{Y}_2^2} \bar{Y}_1^2) \right]$$

No conversions: DM abundance dominated by the particle with *smallest* $\langle \sigma v \rangle$

$$\Omega h^2 \propto \frac{1}{\langle \sigma_1 v \rangle} + \frac{1}{\langle \sigma_2 v \rangle} \equiv \frac{1}{\langle \sigma v \rangle_{\text{eff}}} \simeq \frac{1}{2.2 \cdot 10^{-26} \text{ cm}^3/\text{s}}$$



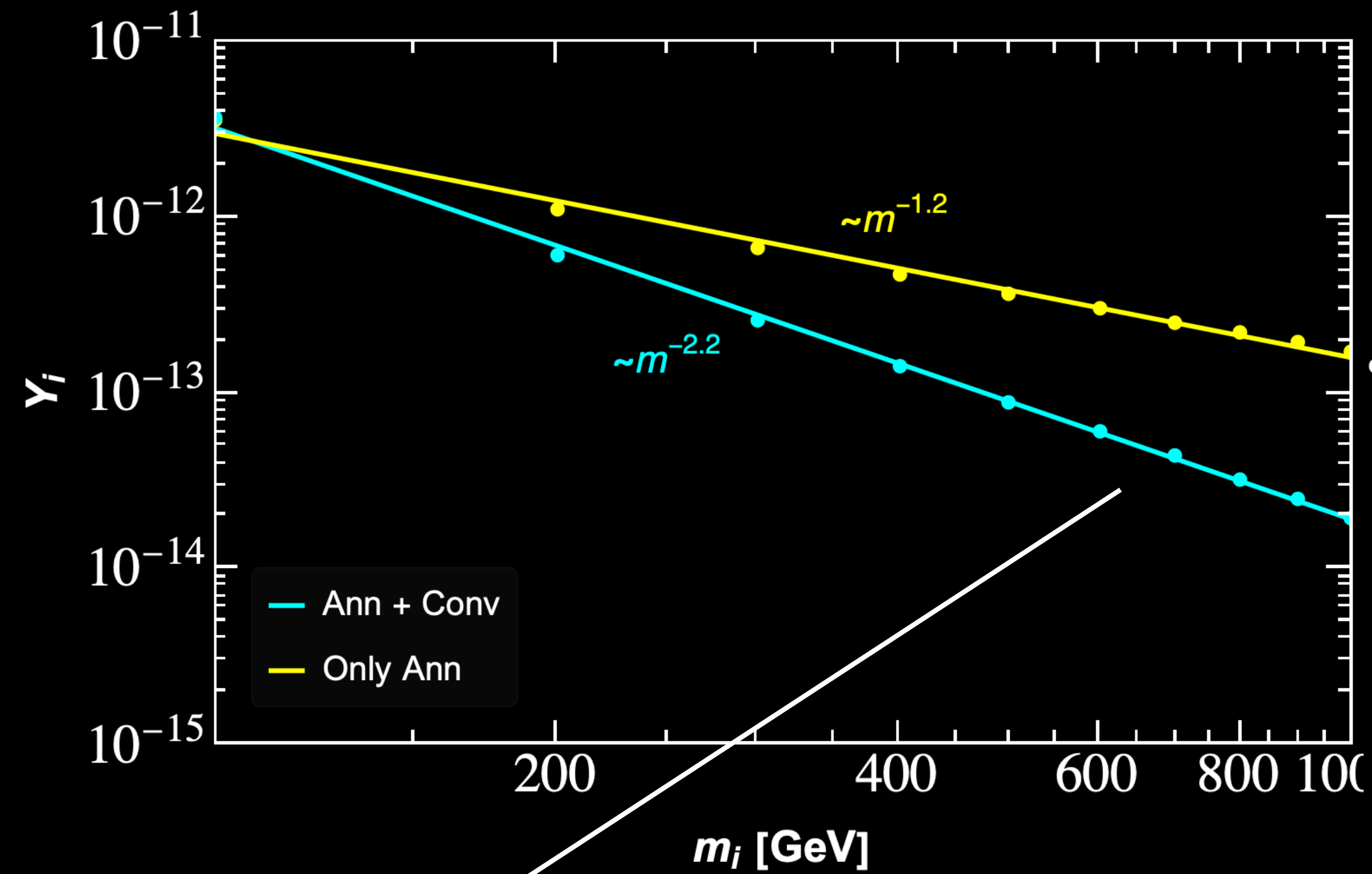
With conversions: heavier components have *reduced* abundance

$$\Omega h^2 \propto \frac{1}{\langle \sigma_1 v \rangle + \langle \sigma_{12} v \rangle} + \frac{1}{\langle \sigma_2 v \rangle} \equiv \frac{1}{\langle \sigma v \rangle_{\text{eff}}}$$

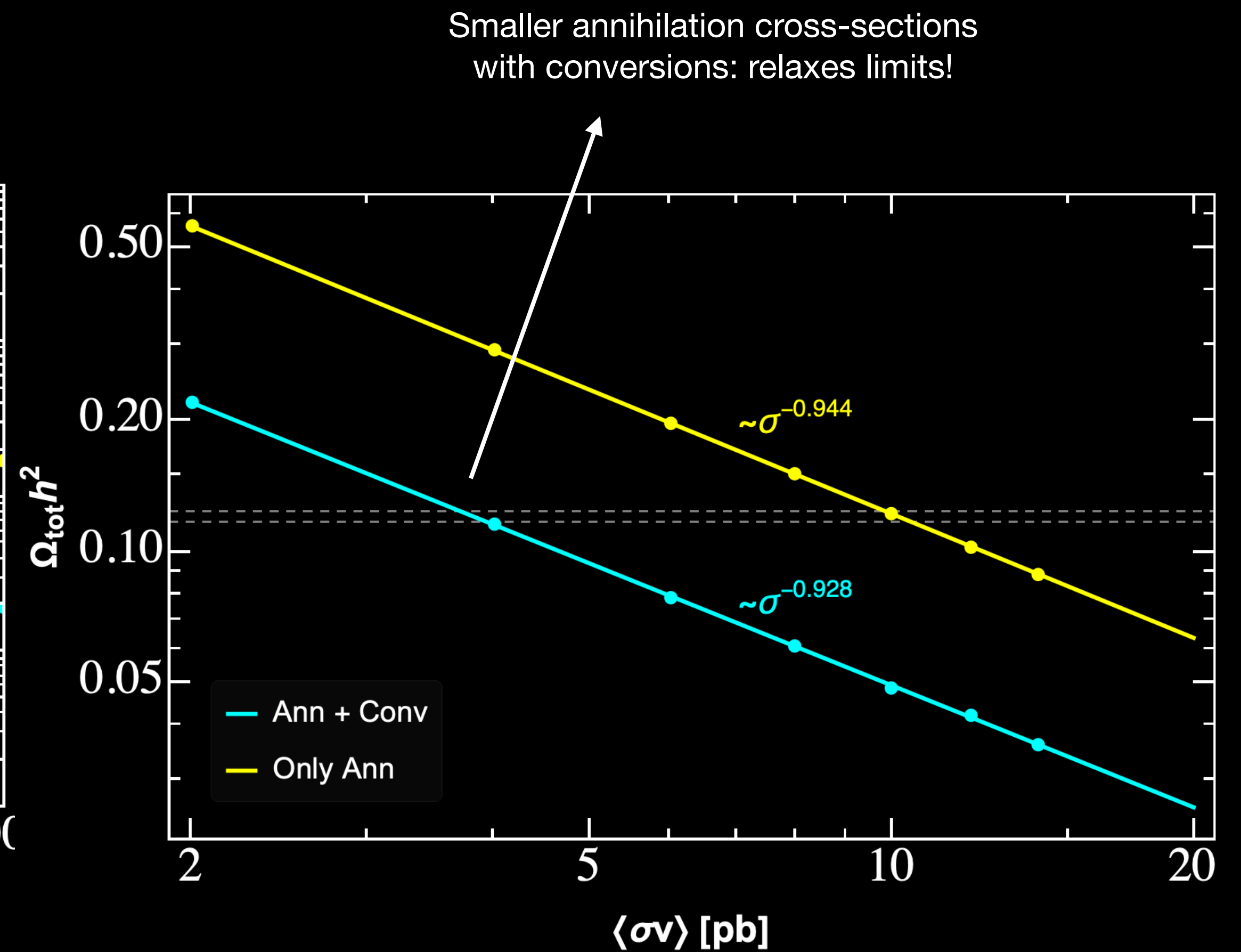
Aoki et al: 1207.3318
Bhattacharya et al: 1607.08461

Symmetric Components

10DM



$$\langle \sigma_i v \rangle = \langle \sigma_{ij} v \rangle \text{ for all } i, j$$



Model

Masses, Mixing and Parameters

$$m_\chi = 0,$$

$$m_\nu = \frac{(m_D \kappa' - m_{D'} \kappa)^2 + (m_{D'} \Lambda - m_D \Lambda')^2 + (\kappa' \Lambda - \kappa \Lambda')^2}{M'(m_D^2 + \kappa^2 + \Lambda^2) + M(m_{D'}^2 + \kappa'^2 + \Lambda'^2)},$$

$$m_\psi \approx \frac{m_D^2 + \kappa^2 + \Lambda^2}{M} + \frac{m_{D'}^2 + \kappa'^2 + \Lambda'^2}{M'},$$

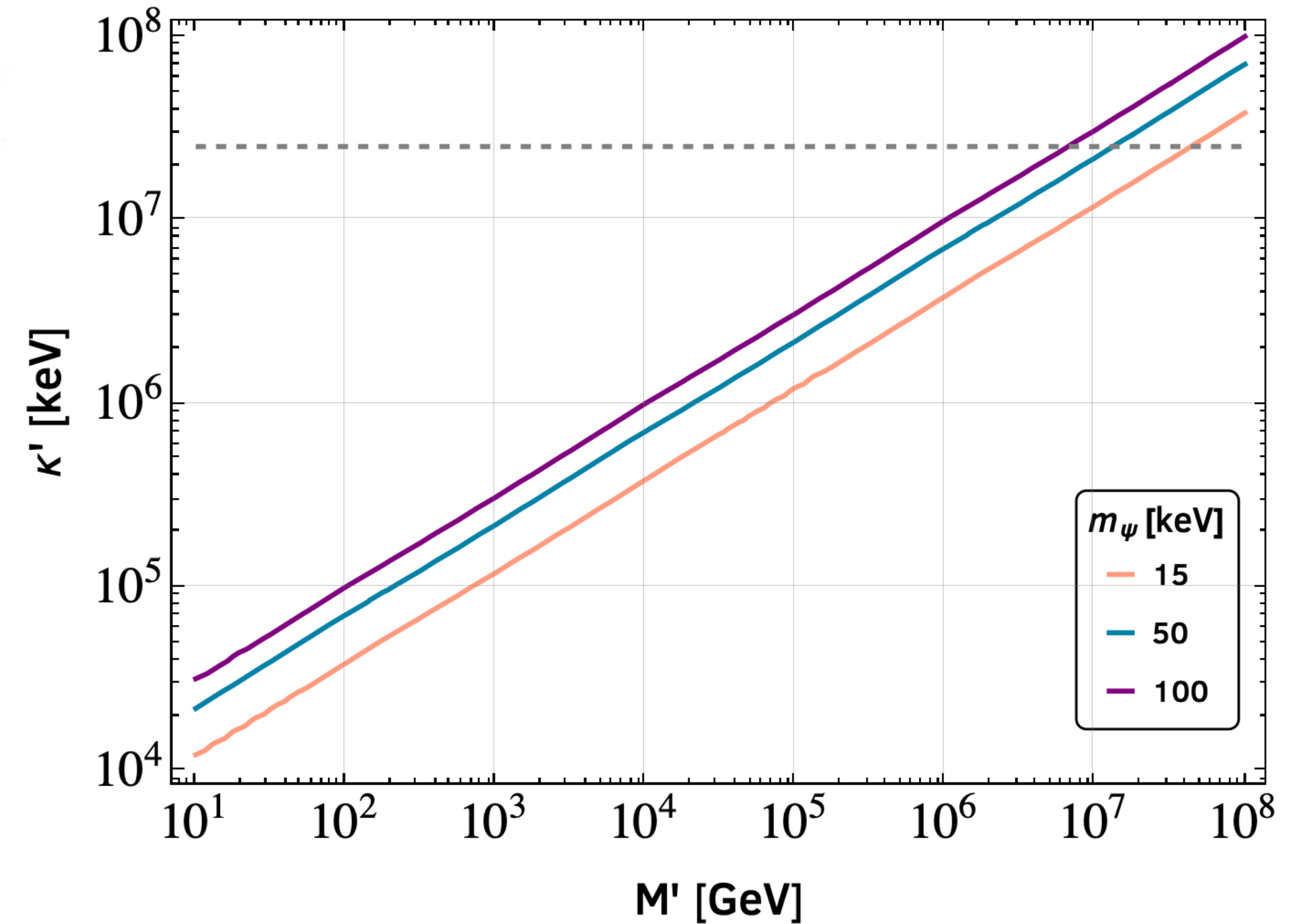
$$m_{N'} \approx M',$$

$$m_N \approx M.$$

$$\theta_{\nu N} = \frac{m_D}{M}, \quad \theta_{\nu \chi} = \frac{\Lambda}{m_D}, \quad \theta_{N \chi} = \frac{\Lambda}{M} \sim 0,$$

$$\theta_{\nu N'} = \frac{m_{D'}}{M'}, \quad \theta_{\nu \psi} = \frac{m_{D'}}{\kappa'}, \quad \theta_{N' \psi} = \frac{\kappa'}{M'}.$$

$$m_\psi \sim 10 \text{ keV} \left(\frac{\kappa'}{10^4 \text{ keV}} \right)^2 \left(\frac{10 \text{ GeV}}{M'} \right)$$



DS Freeze-out

Analytical Solution

$$\begin{aligned}
 & \Omega_\psi h^2 \simeq x_f \frac{10^{-10} \text{ GeV}^{-2}}{\langle \sigma v \rangle_{\text{tot}}} \\
 & x_f = m_\psi / T_{\gamma,f} \\
 & \text{DS Freeze-out temperature} \quad x_f \approx \xi \ln[0.04\delta(\delta + 2)(g_\psi/g_{\text{eff}}^{1/2})\beta\xi^{3/2}] - \frac{1}{2}\xi \ln\{\xi \ln[0.04\delta(\delta + 2)(g_\psi/g_{\text{eff}}^{1/2})\beta\xi^{3/2}]\} \\
 & g_{\text{eff}} = g_\gamma + g_{\text{dark}}\xi^4 \\
 & \beta = M_{\text{pl}} m_\psi \langle \sigma v \rangle_{\text{tot}}^{x=1} \\
 & \xi \equiv T_{\text{dark}}/T_\gamma
 \end{aligned}$$

DS Freeze-out

Numerical Solution

$$\frac{dY_\nu}{dx} = \frac{\langle \Gamma_\nu \rangle}{Hx} \left(Y_{Z'} - Y_{Z'}^{\text{eq}} \frac{Y_\nu^2}{Y_\nu^{\text{eq}2}} \right),$$

$$\frac{dY_{Z'}}{dx} = \sum_{i=\nu,\chi,\psi} -\frac{\langle \Gamma_i \rangle}{Hx} \left(Y_{Z'} - Y_{Z'}^{\text{eq}} \frac{Y_i^2}{Y_i^{\text{eq}2}} \right) + \frac{s\langle \sigma v \rangle_{\psi\psi \rightarrow Z'Z'}}{Hx} \left(Y_\psi^2 - \frac{Y_\psi^{\text{eq}2}}{Y_{Z'}^{\text{eq}2}} Y_{Z'}^2 \right),$$

$$\frac{dY_\chi}{dx} = \frac{\langle \Gamma_\chi \rangle}{Hx} \left(Y_{Z'} - Y_{Z'}^{\text{eq}} \frac{Y_\chi^2}{Y_\chi^{\text{eq}2}} \right) + \frac{s\langle \sigma v \rangle_{\psi\psi \rightarrow \chi\chi}}{Hx} \left(Y_\psi^2 - \frac{Y_\psi^{\text{eq}2}}{Y_\chi^{\text{eq}2}} Y_\chi^2 \right),$$

$$\frac{dY_\psi}{dx} = \frac{\langle \Gamma_\psi \rangle}{Hx} \left(Y_{Z'} - Y_{Z'}^{\text{eq}} \frac{Y_\psi^2}{Y_\psi^{\text{eq}2}} \right) - \frac{s\langle \sigma v \rangle_{\psi\psi \rightarrow \chi\chi}}{Hx} \left(Y_\psi^2 - \frac{Y_\psi^{\text{eq}2}}{Y_\chi^{\text{eq}2}} Y_\chi^2 \right) - \frac{s\langle \sigma v \rangle_{\psi\psi \rightarrow Z'Z'}}{Hx} \left(Y_\psi^2 - \frac{Y_\psi^{\text{eq}2}}{Y_{Z'}^{\text{eq}2}} Y_{Z'}^2 \right)$$

Constraints

Structure formation

Free-streaming $\lambda_{\text{FS}} \approx \frac{1}{2} \int_{t_{\text{kd}}}^{t_{\text{MRE}}} dt \frac{v_{\psi}}{a(t)} \approx \frac{1}{2} \left(\frac{4\pi^3 g_{\text{eff}}}{135} \right)^{-1/2} \sqrt{\frac{\xi}{T_{\text{kd}} m_{\psi}}} \frac{M_{\text{pl}}}{T_0} \log \frac{T_{\text{kd}}}{T_{\text{MRE}}}$

Acoustic oscillations $\lambda_{\text{AO}} = \int_0^{t_{\text{kd}}} \frac{dt}{a(t)} = \frac{1}{aH} \Big|_{\text{kd}} \approx \left(\frac{4\pi^3 g_{\text{eff}}}{45} \right)^{-1/2} \frac{M_{\text{pl}}}{T_{\text{kd}} T_0}$

$$\lambda_{\text{cutoff}} = \max(\lambda_{\text{FS}}, \lambda_{\text{AO}}) < 0.1 \text{ Mpc}$$